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# OLLI TIMES

NEWS AND INFORMATION FROM THE MEMBERS AND STAFF TO THE MEMBERSHIP

[www.oli.fsu.edu](http://www.oli.fsu.edu)

February 2018

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## HIGH CLASS REGISTRATION FOLLOWS HIGH SHOWCASE ATTENDANCE

More than 800 OLLI members registered for the more than 40 classes offered for the Spring Semester. This is one of the largest number of registrants in OLLI's history, according to Director Debra Herman. The registration increase followed one of the largest number ever to attend an OLLI Showcase. It is estimated that more than 400 packed the Turnbull Center as instructors for the Spring Semester explained their class offerings.

"It is a testament to the growing interest in OLLI that we continue to see this level of involvement," Herman said.

OLLI offers exciting, challenging courses tailored for adults 50 and over who love to learn and want to expand their intellectual horizons in a stress-

free environment where there are no grades and no required homework. The courses offered are purely for the joy of learning.

Instructors include current and retired faculty members from area institutions of higher education, FSU graduate students and experts in their subject areas. Classes are held on the FSU campus and at several additional locations in the Tallahassee area.

According to OLLI Program Coordinator Terry Aaronson, 2,053 class orders were processed on the first day of registration. Approximately 816 members registered for 46 classes, and 282 registered for 19 activities. Total class enrollment is 1248.



**Showcase meeting at the Turnbull  
Center.....  
filled to capacity.**

## **CARROLL AND ANNE BEWLEY IN THE DONOR SPOTLIGHT FOR THIS QUARTER**



It is OLLI's goal to feature a new donor on a quarterly basis. For this quarter, OLLI features Past President Carroll Bewley and his wife, Anne.

As Carroll and Anne say, "One appeal of moving to Tallahassee in 2010 was the opportunity to take courses at FSU. When we learned about OLLI we knew it was right for us, so we signed up right away.

OLLI at FSU has been an important part of our lives ever since: the courses have been enriching and the social and other activities equally rewarding. We are happy to join others who financially support OLLI to ensure it will continue to be a quality program for the future. And we encourage all members to consider doing likewise. See you at OLLI!"

## OLLI HOSTS A SPECIAL EVENING OF THANKS

In recognition of the contributions made by OLLI members, a special evening of thanks was held earlier this year. "Members do SO much for OLLI at FSU. From volunteering their time and talents, to donating to the cause they love. We are so glad that OLLI is one of these causes! All members give what they can and everything is appreciated," OLLI Director Debra Herman said.

"There are some who have given a substantial amount, and in acknowledgement of this, OLLI at FSU held a special celebration to honor these members," she noted. On Tuesday, January 16, 2018, at the home of member

Sara Rodrigue, a special evening was held in their honor with wine and hors d'oeuvres to all who attended. Debra Herman welcomed all and Tim Chapin, dean of the College of Science and Public Policy, gave inspirational remarks echoing the support of, and importance, of OLLI at FSU, and the university overall. In attendance were Carroll Bewley, Ramona Bowman, Fran and Charles Conaway, Mary Hopping, Nancy and Mike O'Farrell, Winnie and Dave Schemeling, and Susan Yelton. Not able to attend were Connie Sauer Adams, Len Adams, Anne Bewley, Jenny and Mike Crowley, Mallen and Tony Komlyn, and Jay Yelton.



## OLLI "GREAT GIVE" SCHOLARSHIP DRIVE SLATED FOR MARCH

Each year, OLLI at FSU awards scholarships to FSU students who have been nominated by their professors, and whose studies are particularly relevant to OLLI members. This program, called **The Great Give**, is a 36-hour period from 9:00 a.m. March 22 until 9:00 p.m. March 23, for OLLI members--YOU--to give to OLLI's Scholarship Fund. Last year, while the goal was set at \$2,500, OLLI raised over \$3,000. This year OLLI has upped the ante – the goal is \$3,000. "Let's see what kind of record we can set," coordinator Nancy O'Farrell said.

"We love our FSU students. This is a great way to say thanks to the University for its continuing support for our OLLI at FSU program. MARK YOUR CALENDARS!! And more information will be forthcoming as the date approaches," she added.

Want to talk about a gift to OLLI? Call Nancy O'Farrell at 850-509-3475, or email [nancyofarrell047@gmail.com](mailto:nancyofarrell047@gmail.com).

## OLLI VOLUNTEERS REPORT ALMOST 4500 HOURS FOR 2017

OLLI members reported almost 4500 volunteer hours for the 2017 calendar year. "Volunteer time is important for obtaining OLLI funding, which benefits everyone," said Myra Hannah, who receives reports from members of their volunteer hours. She will receive reports through April, after which Harriet Waas will assume this function.

Volunteers cover all of OLLI's programs and activities. "Volunteers assist in planning the curriculum each semester for all class offerings. All committees, clubs

and activities are led by volunteers," she noted. "Members who volunteer work with others and meet new people, share a skill and talent, develop new interests and become active in various ways.

A volunteer task can be big or small, take just a short amount of time or become more time-consuming, and it can be your own choice," she added.

Being a volunteer is another way of staying involved in these "retirement" years, in addition to attending classes and

participating in the many activities, said OLLI Director Debra Herman.

Volunteer hours are important because the Osher Foundation, which provides partial funding for the many OLLI organizations throughout the country, requires a demonstrated and continuous showing of volunteer participation in order to secure funding from the foundation.

"This is where you as volunteers come in," Herman said.

It's easy to become a volunteer. Just contact Volunteer Coordinator Mary Irvine at [mirvine669@gmail.com](mailto:mirvine669@gmail.com) or [ollivols@gmail.com](mailto:ollivols@gmail.com). You can contact a committee chair or, even easier, just contact any OLLI volunteer. Volunteer hours are reported to Myra Hannah [deabuff@aol.com](mailto:deabuff@aol.com); after April, Harriet Waas, [waas01@comcast.net](mailto:waas01@comcast.net).

## OLLI TRAVEL CLUB EVENTS SET

### **Iceland's Magical Northern Lights**

**When:** Fri, February 23, 2018, 11a.m. – 12:30 p.m.

**Where:** Eastside Branch Library - 1583 Pedrick Rd, Tallahassee, FL 32317

**Description:** Jack Brinson, our Collette Representative, will present "Iceland's Magical Northern Lights" and answer any questions you may have about this trip planned for December of 2018.

### **Armchair Travel Club Meeting - CUBA!**

**When:** Fri, March 9, 2018, 11a.m. – 12:30 p.m.

**Where:** Leon County Library Eastside Branch - 1583 Pedrick Rd, Tallahassee, FL 32317

**Description:** Cuba is an interesting place to visit. OLLI members visited Cuba in April of 2017.

Join us to hear about their experiences, the natural beauty of Cuba, and the wonderful Cuban people.

## SPRING DEDMAN DINNER SET FOR MARCH 29

The Spring Semester dinner at the Dedman School of Hospitality will be held on March 29. The dinner features senior FSU students from the Hospitality School who plan the theme, decor, signature cocktails, wine and dinner. The theme for this dinner is Night in the Mediterranean. This date corrects the date noted in the course and activity catalog. Registration deadline is March 28, and may be accomplished by going to the FSULDS.everbrite.com site. Click "Dinners

Available"; select Ashby Little Dinner Series Spring 2018; click "Tickets"; scroll to "Friday, March 29--OLLI Group"; in the drop box select "Seats"; then click "Check Out," fill in your information; and click "Pay Now" to submit your order.

For further information, contact Joanne Taylor, [staylorjoanne@gmail.com](mailto:staylorjoanne@gmail.com)

## FRIENDSHIP FORCE TO HOLD WELCOME RECEPTION AND FAREWELL LUNCHEON FOR N.C. GROUP IN MARCH

All OLLI members are invited to the Friendship Force Welcome Reception for our Raleigh NC guests on Sunday March 11th, 6 PM-8 PM. You must RSVP for additional information no later than February 25th to Wendy Johnston, [mrswendyjohnston@gmail.com](mailto:mrswendyjohnston@gmail.com). A covered dish will be your admission.

The Friendship Force Farewell lunch will be at Backwoods Bistro, March 16th, 11:30 AM-1:30 PM. You MUST register on the OLLI website. Cost \$16.00

A limited number of spots remain for the Friendship Force outbound trip to Toronto and Haliburton, Ontario, June 19-June 27. Contact Wendy Johnston, email [mrswendyjohnston@gmail.com](mailto:mrswendyjohnston@gmail.com)



## WESTMINSTER OAKS TO HOST HOLOCAUST EDUCATION PLAY

Westminster Oaks, home to many of our OLLI members, will host "My Heart in a Suitcase" on Thursday, March 1 at 7 p.m. at the Maguire Center.

Life in 1938 Germany is deteriorating quickly for the Lehmanns and Jews throughout the country. In order to protect their daughter Anne, her parents may have to say goodbye to her forever, and Anne must struggle to bring meaning out of despair as she clings to love and hope even in a world that seems to be filled with hatred and violence.

Based on the autobiography of Anne Lehmann Fox, ArtPower's gripping and poignant production about her family's decision to send her on the Kindertransport is a tribute to the strength of the human spirit and the enduring power of a family's love.

This presentation by ArtsPower and the Holocaust Education Resource Council, is open to the community at no cost. To request reserved seats, contact [barbara@holocaustresources.org](mailto:barbara@holocaustresources.org) or call 850-443-9649. A reception will follow.

## THREE FIELD TRIPS PLANNED FOR MARCH

OLLI has scheduled three diverse field trips for March.

Olli's Inclusivity Committee members ask that you join them on a guided tour of the Black Archives and other exhibits in the Carnegie Library building on FAMU's campus on Saturday, February 24 at 10 a.m. With thousands of archival records and museum artifacts, this repository has evolved into an important national and international center for studies pertaining to African-American culture and history. The remarkable works of art from the Bernard and

Shirley Kinsey collection will also be on the tour. Register online at the OLLI website by February 19. Contact Sylvia Byrd, [sdbyrd.542@gmail.com](mailto:sdbyrd.542@gmail.com) for further information.

A second field trip is a carpool trip to Buena Vista, Georgia, on Monday and Tuesday, March 12 and 13 to experience Southern artist Eddie Owen Martin's dazzling intuitive artistic fortress: Pasaquan. Visitors will spend the night in Columbus, then visit Full Circle Farm Sanctuary, a non-profit center for compassionate public education and interaction with farm

animals. Visitors will see a wide variety of rescued animals that have endured abuse and neglect. Registration is online; cost is \$18 pay at the door, plus hotel cost. Contact Cindy Foster, foster.cynthial@email.com for further information.

The final field trip for March takes place from March 21 to 24 when The

Villages Friendship Force Club hosts OLLI at FSU to introduce the local group to a mini-home stay experience. Breakfasts will be provided by the home host. There will be an optional visit in Gainesville to one of the gardens on the way home on March 24. Cost is the garden admission only. For further information, contact Wendy Johnson, mrswendyjohnson@gmail.com.

## OLLI CULTURE AND ARTS FEATURES THREE EVENTS IN MARCH

Mac Arnold and Plate Full o' Blues will be featured at the world famous Bradfordville Blues Club on Friday, March 16 at 9 p.m. Mac brings the blues to life on his hand-made gas can guitars. His band has been called a culinary crew of master chefs. North Florida's greatest bonfire awaits all visitors just a few steps outside the club. Registration is \$25; deadline is February 23. Contact Cheryl Naylor, cherylanaylor@gmail.com.

Music lovers are invited to observe the dress rehearsal for the Tallahassee Symphony Orchestra's "Sense and Sensibility" concert on Saturday, March 24 from 10 a.m. to 12:30 p.m. This open dress rehearsal is free; however, registration online is

required. The deadline is March 1. For further information, and to share any ideas you have for cultural and arts events, contact Jan Smith, jansmith1642@gmail.com.

Rounding out March is a FAMU play, From the Mississippi Delta, at the Charles Winterwood Theater, 515 Orr Drive. This is an autobiographical play by Indesha Ida Mae Holland. It is a touching, often humorous account of a young girl's journey from the lowly back roads of Mississippi to the lofty halls of academia. Cost is \$9; registration is online by March 15. For further information, contact Sylvia Byrd, sdbyrd.542@gmail.com



## BOOK CLUB TO HOST D'ALEMBERTE, BARNETT

Former FSU President Sandy D'Alemberte will appear at a special meeting of the Book Club honoring Women's History Month, on Monday, March 19 at 2:30 p.m. at the Leroy Collins Leon County Public Library (downtown). He, along with Martha Barnett, will lead a group discussion on the recently published My Own Words by Supreme Court Justice Ruth Bader Ginsburg with Mary Harnett and Wendy W. Williams. D'Alemberte and Barnett are both past presidents of the American Bar Association. Co-authors Harnett and Williams have been/are on the history faculty at

Georgetown University in Washington, D.C., with Justice Ginsburg. The book is primarily a compilation of Justice Ginsburg's opinions on significant cases brought before the Supreme Court since her appointment. However, there are personal vignettes which bring her personal life into play. Harnett and Williams have plans for publishing a biography of Justice Ginsburg. It is hoped that the status of this biography will be available at the time of the meeting. Reading the book is NOT a prerequisite for attending.

# SPECIAL TO THE OLLI TIMES

## HOW PEOPLE 50+ WILL LIVE IN THE NEAR AND DISTANT FUTURE

By Shayla Stern, Editorial Director,  
Next Avenue

The future of the way people 50 and older live and learn will be increasingly more connected and networked — social networks, cloud-based networks and actual real-live human networks.

For Next Avenue’s fifth anniversary, we have decided to look to the future of aging in America, rather than look back over our past five years. For this article, we reached out to leaders and creative thinkers in areas covered in our Living & Learning channel to predict and imagine how we will live and learn in five years, 10 years and way, way down the road — the Jetsons prediction, as we’ve been calling it internally

Since Living & Learning is a channel with a broad amount of content, I will focus on two of the more literal aspects of our channel: Living, as it relates to

our homes and especially the role technology plays for older adults wherever they are living; and Learning, as it relates to trends in learning for people over 50. In this article, I will focus on “Living” in the near and distant future.

### **In Five Years: Home Automation Advances**

Scott Moody is the CEO and founder of K4 Connect, a tech company that serves older adults and people with disabilities through software platforms that integrate devices, systems and applications into a single system that can work together and be managed as one form of application. Moody believes that in five years there will be a more seamless approach to accessing apps and managing household items — something we currently think about as the “Internet of Things” (IoT), or home automation.

All these products are coming out every day and some of them are pretty neat. They're all being designed for 25-year-olds, not the people we serve.

— Scott Moody, CEO of K4 Connect

“We’ve seen all these new ideas, products and applications coming out, but look: You can’t put 50,000 apps on your device and live a good life,” he said. “A lot of people talk about IoT and home automation, but it hasn’t really been successful.”

This is because the Internet of Things is not simple enough to use now. Companies like Moody’s are working to overcome this.

“One reason is that I don’t think people have developed technologies that are easy and intuitive enough to use,” he said. “I always tell people technology is really only successful when you stop calling it technology.” Moody’s previous company developed the technology that later became the touch ID on the iPhone, which he noted is “so easy that you don’t even know that you are using technology.”

In a perfect IoT system, an older person could stand up in the middle of the night and a light would automatically turn on and potentially prevent a fall. Or if the person missed taking a medication, an alert would come over his or her in-house stereo

system. Moody’s company is working to assure that doorbells, door locks, motion sensors, streaming music, blood pressure monitors and pill reminders, as well as video chat and photo sharing, are automated through a central platform that can be controlled by a user’s smartphone or tablet.

When a more seamless system can be put into place — one that is attached to users’ mobile phones and tablets with the apps that they are already using — then we will see more and better home automation, Moody predicts.

When will people’s homes be connected to their devices in this way? That is “definitely coming,” he said, “but is it a few years? Is it five? It might be a little bit more” for a majority of older adults to be able to have such systems involved in their homes or retirement communities.

“It has to be an open system — a very open system, in my opinion — and not this monstrosity of individual things to make home automation really work,” Moody added. “New products and new ideas will have to be able to come out without a complete revamp of a whole system.”

However, Moody points out, we may see an important consideration with older adults in 10 years: income-level changes.

## **In 10 Years: Tech for (not Adapted to) an Aging Population**

Americans in the next decade likely will retire with far less savings than their parents did. “The fact of the matter is the population we serve is, in fact, going to be very financially challenged in the future,” Moody said. “People today have pensions and insurance programs, but now people are retiring with maybe \$25,000 in a 401(k). It’s going to be financially challenging for them.”

Because of this, tech-based systems for living will have to become not only more seamless, but also more affordable.

Unlike many people, who imagine a near future filled with robots helping with household tasks and caregiving, Moody said the lack of humanity (and affordability) of robots makes him believe they will be less prevalent than some predict.

Additionally, Moody hopes that technological development will skew to being created with older adults in mind. “All these products are coming out every day and some of them are pretty neat. They’re all being designed for 25-year-olds, not the people we serve,” he said. “Then someone slaps a bigger font on it and says they’ve adapted it for 90-year-olds.”

Noting that K4 is already designing to future-fit the technology of the coming decade, Moody said he sees technology as a tool that can help older adults live the way they want, in the place that they want, for as long as they can.

In a recent essay posted on Next Avenue, Joseph F. Coughlin, director of the MIT AgeLab, warned against conflating growing older with health issues, which he said will be an especially important distinction to make for developers and inventors seeking to make innovations in the way we live as we age. “Older people, especially the oldest among us, are more likely to suffer from multiple chronic conditions and require significant care,” Coughlin wrote. “But while this may be the story for some older adults, illness and older age are *not* equivalents. And even elderly patients managing chronic disease want to do things that do not involve their ‘conditions’.”

Moody agreed, noting that as a boomer himself, he was especially sensitive to tech innovators treating older people like patients as they consider design.

“Too many people look at you when you turn 65 like you’re a patient and they want to tell you what to do,” he said. “At the end of the day, we all want purpose, and sometimes that purpose is the ability to take some level

of care of myself. That whole idea of providing technology so I can live the life I want — that's what I really want. “

### **Jetsons Predictions: The Future Is Now**

The Jetsons, you'll recall, lived in a flying saucer-like apartment building on the tallest stilts you've seen, accessible only by space car or jetpack, with a robotic maid and cool contraptions like smart watches and 3D printers for food that actually exist today.

This is not unlike the home automation future described by Moody, so I'm inclined to provide a roundup of a few homes of the future that seem even more out there: 3D printed houses (that can be finished in 8 hours); and homes with appliances that can look, speak and teach like humans.

(EDITOR'S NOTE: Are you uncomfortable with the idea of machines with independent thoughts? Autonomous robots? FAMU-FSU ENGINEERING will present **"Artificial Intelligence Demystified"** on February 24 at 11 a.m. at 2521 Pottsdamer Street. Dr. Shonda

Bernadin, PhD., Electrical and Computer Engineering Department, will discuss the novel uses of A.I. and how it's already making everyday life easier and more productive. She will also cover the horizons of A.I. and what we can expect to see in the near (and far) future. This is an open house and the public is invited to this free program.)

**(NOTE: Occasionally, articles that may be of interest to OLLI members, but appear in other publications or online, will be included in The OLLI Times. We hope that you will find these articles interesting, perhaps fascinating. The editors)**

For publication in the OLLI times send your information to George and Harriet Waas  
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