

About Us

The Osher Lifelong Learning Institute at Florida State University is an exciting, challenging, scholarly program tailored for adults who love to learn in a stress-free environment where there are no tests and no homework. Each year OLLI provides hundreds of intellectually stimulating non-credit classes, lectures, clubs, local and international trips, and special events for its members on the FSU campus and several locations in the Tallahassee and Panama City 30A areas, as well as on Zoom. We offer an Annual Membership for \$95 that includes participation in Fall, Spring and Summer semesters, or you can choose to participate by individual semester for \$60 each. Designed as a member-centered organization, OLLI allows students to expand their intellectual horizons, engage in social activities, participate in volunteer opportunities and hold key leadership positions within the organization.

Benefits of Membership

- Opportunity to enroll in Tallahassee and PC30A **OLLI classes**
- Clubs: Book, French NEW!, Men's, Lunch Discussion Roundtable, **Photography** Walking
- Culture and arts activities
- Speaker Series lectures
- OLLI social events and functions,
 Permanent OLLI ID name including the annual holiday celebration, spring gatherings, Wednesdays with OLLI
 - **NEW!**, Spanish, Travel, and Local/regional field trips that may include overnights
 - Study-abroad and travel programs others who enjoy learning!

- OLLI at FSU digital catalog and weekly Eblast
- badge and lanyard
- FSU library privileges
- Rewarding volunteer and leadership opportunities
- Social opportunities with

From the Executive Director, Debra Herman



Happy New Year! I would like to share some thoughts on why it is beneficial to continue learning, staying active, and trying new things throughout our lives.

Continuing to learn keeps our minds sharp and engaged. Whether taking a course or reading about a topic of interest, learning stimulates our brains and helps us stay mentally agile. It opens up new perspectives, enhances our problem-solving skills, and keeps us curious about the world around us. (There are many OLLI classes – such as Great Decisions, Ancient Traditions/Stories from Scotland, and clubs - OLLI Lunch Discussion Group, Book, and Men's Club.)

Staying active is equally important. Physical activity not only improves our physical health but also boosts our mental well-being. Regular exercise can reduce stress, improve mood, and increase energy levels. (Consider taking an OLLI yoga class or join one of the OLLI Walking Clubs.) It helps us maintain a healthy lifestyle and can lead to new social connections through group activities. (Try Wednesdays with OLLI or choose one of the OLLI activities or hikes.)

Embracing new experiences is another key aspect of a fulfilling life. Trying new things can be daunting, but it often leads to personal growth and a sense of accomplishment. It pushes us out of our comfort zones and helps us discover new passions and talents. Whether it is traveling to a new place (try the OLLI Travel Club and tour with us), learning a new language (OLLI has Italian, French, and Spanish classes), or trying a new recipe (sign up for one of the OLLI cooking activities), these experiences enrich our lives and create lasting memories.

Continuing to learn, staying active, and embracing new experiences are all essential for a vibrant and fulfilling life. Stay engaged, healthy, and open to the endless possibilities that life has to offer. OLLI has this and more! It is a new year. Make a conscious effort to keep growing, moving, and exploring. You will be glad you did!



Save the Date for Spring '25 Showcase of Classes and Activities

In mid-January, we showcase our spring offerings with an in-person class overview and pre-recorded Zoom instructor presentations. Join us at the FSU Alumni Center to explore classes, organize your schedule, and hear from both in-person and Zoom class instructors who will lead the spring sessions. This event is open to the public—invite your friends! All class overviews will be accessible on the OLLI website. The event takes place in the Eastern Time Zone.

Tuesday, January 21

Opens at 1 p.m. ET FSU Alumni Center

Pre-recorded Zoom Instructor presentations will be shown at 1:30 p.m. Live In-person class Instructor presentations begin at 2 p.m.

1030 W. Tennessee St., Tallahassee, FL 32304

Free parking and refreshments

A special thank you!

Thanks to OLLI leadership volunteers Jan Smith,
Debbie Justice-Obley, Kent Putnam, Carroll Bewley, Fran
Conaway, Vicki Holley, Harriet Waas, and Linda Fairbanks for
their work in producing this catalog -and to all the committee chairs for organizing this term's
fantastic events, lectures, and tours.

Contact information for OLLI staff, advisory councils, and committee chairs for both Tallahassee and PC30A is listed online at olli.fsu.edu.

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Classes by Day



OLLI has classes in both Eastern (ET) and Central Time Zones (CT).

Be sure to check your class start time carefully!

Class Location Key

FSU: Florida State University, Claude Pepper Center, 636 W. Call St. Piano class takes place in the Kellogg Research Bldg., 108 S. Copeland Ave.

OH: Ohana Institute, 12805 U.S. 98 East, Inlet Beach, FL 32461. Central Time Zone.

WO: Westminster Oaks Retirement Community, 4449 Meandering Way.

Zoom: Distance-learning classes. Instructors will email registered members a link to the Zoom class prior to or on the morning of the first day of class.

Parking Information is on page 13.

Monday Classes

From Division to Unity: 35 Years of German Unification (Zoom)

3 sessions with Anette Isaacs

2/17, 2/24, 3/3 | 9:30 - 11:00 a.m. ET | \$35

Explore the events leading to the Berlin Wall's fall, the contrasts of life in East Germany, and the powerful journey to reunification as Germany celebrates 35 years of unity and enduring significance.

Imprisoned Without Trial: Japanese Incarceration in WW II (Zoom)

3 sessions with Dennis Kato

3/17, 3/24, 3/31 | 9:30 - 11:00 a.m. ET | \$35

From the perspective of a third- generation Japanese-American, learn how and why the incarceration of Japanese people, two-thirds of whom were U.S. citizens, occurred at the beginning of WW II. What was camp life like? We will explore present-day implications.

Stan and Ollie: The Art of Laurel and Hardy (Zoom)

6 sessions with Nick Santa Maria 2/17, 2/24, 3/3, 3/17, 3/24, 3/31 9:30 - 11:00 a.m. ET | \$65

Stan and Ollie came from completely different backgrounds, yet when placed together they fit like a Swiss watch. Dimwitted Stan and Imperious Ollie were together for 30 years, as hilarious film clips help to tell the story.

The Search for an American Sound (Zoom)

6 sessions with Emanuel Abramovits 2/17, 2/24, 3/3, 3/17, 3/24, 3/31 12:30 – 2:00 p.m. ET | \$65

A journey through the fascinating path followed by Broadway composers like Gershwin and classical musicians like Copland, Grant Steel, Price and others to create a sound that evokes this land and its people, with anecdotes and audiovisuals.

Fall Risk Prevention Yoga (Zoom)

6 sessions with Lisa Wixted 2/17, 2/24, 3/3, 3/17, 3/24, 3/31 1:00 - 2:00 p.m. ET | \$65

As we age, maintaining balance is a greater concern. Falls are one of the leading causes of injury and death as we age. Explore physical therapy exercises and yoga poses to increase balance, stability, and strength and minimize fall risk. *Mobility Requirement:* Students must be able to do yoga poses seated in a chair and standing using a chair for support.

Disney's Magical Guest Experience (Zoom)

3 sessions with Michael Lyons

2/17, 2/24, 3/3 | 2:30 p.m. - 4:00 p.m. ET | \$35

This course examines how Disney delivers such memorable experiences in their theme parks from a former Disney leader who worked at Disney for two decades.

The Invention of Broadcast Television (Zoom)

3 sessions with Bambi Moe' 3/17, 3/24, 3/31 2:30 - 4:00 p.m. ET | \$35

As important as Alexander Graham Bell's telephone or Thomas Alva Edison's light bulb, is the invention of broadcast television by Philo Taylor Farnsworth.

Monday Classes

Language Myths Debunked (Zoom)

6 sessions with Asya Pereltsvaig | 2/17, 2/24, 3/3, 3/17, 3/24, 3/31 | 2:30 - 4:00 p.m. ET | \$65

"A language is a dialect with an army and a navy." "Aborigines speak primitive languages." "English has the world's richest vocabulary." "Children learn languages more easily than adults." "Languages die because they are not fit for the modern world." "Animals speak their own language." You've probably read these statements, but are they actually true? This course will respond to these provocative statements.

Keeping Children Safe from Human Trafficking in Florida (In-Person)

1 session with Laurie Lawrence | 2/17 | 5:00 - 6:30 p.m. CT | \$15 | Location: OH

This class offers an overview of human trafficking awareness, focusing on child safety, sextortion, and exploitation. It covers signs of trafficking, online grooming, and sextortion tactics targeting minors. Participants will learn how to respond to trafficking situations and access resources to protect vulnerable populations.

Managing Disputes in Relationships (In-Person)

1 session with Laurie Lawrence | 3/24 | 5:00 - 6:30 p.m. CT | \$15 | Location: OH

This class helps participants manage relationship disputes and develop conflict resolution skills. It offers strategies for navigating disagreements, fostering communication, and building understanding. Participants will gain tools to create more harmonious interactions.

Pastry, Baking 101 (In-Person)

2 sessions with Yvette Hodgen | 2/24, 3/3 | 5:30 - 7:00 p.m. CT | \$30 | Location: OH

Whisk and knead your way through Pastry 101. You will learn the importance of using the proper ingredients to ensure a rich flavor and delicate texture to your homemade pastries. As an added bonus, there will be samples to enjoy.

Tuesday Classes

Becoming Spacefarers: Settling the Solar System (Zoom)

6 sessions with Brand Fortner 2/18, 2/25, 3/4, 3/18, 3/25, 4/1 9:30 - 11:00 a.m. ET | \$65

Becoming spacefarers and settling our solar system! Why should we? How should we? Where should we? What then? We will examine challenges and rewards of solar system colonization and terraforming. What should be the future of humanity in the cosmos?

From Talking Horses to Flying Nuns: The Great '60s Escapism (Zoom)

6 sessions with Gregory Ehrbar 2/18, 2/25, 3/4, 3/18, 3/25, 4/1 9:30 - 11:00 a.m. ET | \$65

A deep dive into the importance of how TV hits like "Batman," "Bewitched," and "Lost in Space" and movies like "Beach Blanket Bingo," "Chitty Chitty Bang Bang" and "The Love Bug" helped the world survive a tumultuous period in history.

Girl Power - Violin Music by Women (In-Person)

1 session with Corinne Stillwell

2/25 | 9:30 – 11:00 a.m. ET | \$15

Location: WO

This is a pre-concert lecture for the instructor's violin recital, "Girl Power." The concert is in honor of National Women's Month. Join the instructor for a behind-the-scenes tour of wonderful music by underrepresented but amazing composers.

Five Obscure Presidents (And Why They Matter) (Zoom)

5 sessions with Jon Grogan 2/18, 2/25, 3/4, 3/18, 3/25 12:30 - 2:00 p.m. ET | \$55

A handful of lesser-known chief executives changed the course of American history: Martin Van Buren, James K. Polk, John Tyler, Franklin Pierce, and Rutherford B. Hayes. This course will study their presidencies and explain why they matter.

Tuesday Classes

The Folk Singers, the Bureau, and the Red Scare (Zoom)

6 sessions with Aaron Leonard | 2/18, 2/25, 3/4, 3/18, 3/25, 4/1 | 12:30 – 2:00 p.m. ET | \$65 A history of the repression by the FBI and other forces as leveled at some of the most famous folk singers—people such as Woody Guthrie, Pete Seeger, and Burl Ives—in the period of the Second Red Scare of the mid-20th century.

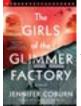
Chair Yoga (In-Person)

6 sessions with Marney Richards

2/18, 2/25, 3/4, 3/18, 3/25, 4/1 | **2:30 – 3:30 p.m. ET** | **\$75** | **Location: Dragonfly Yoga Studio** Participants will learn and practice asanas (physical postures) and movements, breathing techniques, and other yoga practices. The focus of this course is learning to adapt each practice for your range of movement and energy level and find balance between effort and ease. An in-person class is a great opportunity to join with others and receive individual attention. **Mobility Requirement:** Being able to get up and down from a sturdy folding chair with no arms.

The Lives of Winston Churchill: From Victorian Britain to End of Empire, 1876-1965 (Zoom)

6 sessions with Foin Devlin | 2/18, 2/25, 3/4, 3/18, 3/25, 4/1 | 2:30 - 4:00 p.m. ET | \$65 Winston Churchill is best remembered as Britain's leader during the Second World War. This course explores his long life and career, reflecting a complicated personal history in a period of immeasurable social, cultural, and political change.



"Girls of the Glimmer Factory" Author, Jennifer Coburn (In-Person) 2/11 | 5:00 p.m. CT | \$15 | Location: OH

Jennifer Coburn is the author of The Girls of the Glimmer Factory, a historical novel set in a 'glimmer factory' during World War II. The story follows two women, a Jewish prisoner and an ambitious filmmaker, who were once childhood friends and are willing to risk everything to reveal the truth about Terezin.

Building Resilience to Overcome Adverse Childhood Experiences (In-Person)

3 sessions with Jeanne O'Kon | 2/18, 2/25, 3/4 | 5:00 p.m. - 6:30 p.m. CT | \$35 | Location: OH
This course will identify the categories of adverse childhood experiences (ACEs) including abuse, neglect, and household challenges. Dr. O'Kon will discuss research focusing on the long-term effects of ACEs and will share methods for overcoming the ACEs that can hinder adult life. By learning more about these challenges, resilience can be developed and strengthened.

Wednesday Classes

Ancient Traditional Stories from Scotland (In-Person)

6 sessions with Anna Burnley

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 9:30 - 11:00 a.m. ET | \$65 | Location: <u>WO</u>

The course explores avenues through which ancient and traditional Scottish tales can be viewed as part of the larger cohort of globally shared stories. The course may examine fairy tales, folktales, legends, myths, lullabies, or other genres.

Digital Photography for Everyone (In-Person)

6 sessions with Bob O'Lary

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 9:30 - 11:00 a.m. ET | \$65 | Location: <u>FSU</u>

We will explore the fundamentals of the photographic process. Next, we'll master basic digital camera operation and do classroom critiques of our photographs. We will take many pictures, too!

Wednesday Classes

Great Decisions 2025 (Hybrid)



Schlakman

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 9:30 - 11:00 a.m. ET | \$65 **Location: FSU**

Foreign Policy Association resources support class discussion surrounding eight topical areas selected by FPA

for 2025 at a time of notable change internationally, and within the United States while exploring a range of divergent views.

Huck, Uncle Tom, James, and Beloved (In-Person)

6 sessions with Dennis Moore

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 9:30 - 11:00 a.m. ET | \$65 | Location: <u>FSU</u>

We'll discuss Huck Finn and Uncle Tom's Cabin and then two reworkings of them: Nobel laureate Toni Morrison's Pulitzer Prize-winning Beloved and Percival Everett's lames.

Exploring the Masters of French Literature: Hugo, St.-Exupery, Sand, Maillart (In-Person)

6 sessions with Margaret E. McColley

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 11:30 a.m. – 1:00 p.m. ET | \$65 **Location: FSU**

We will explore works by important French literary authors who were also visionaries, considering several themes such as beauty, humanism, nature and its healing capacities, Home/Away and the insight travel can bring, and France's place in the world.

Slavery: From Sumeria to Selma (In-Person)

6 sessions with Dave Davis

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 11:30 a.m. – 1:00 p.m. ET | \$65

Location: FSU

Slavery is the one constant in human history. It has existed and thrived from antiquity to the modern world. We will look at that, but also the abolition movement that had no voice until 1750 in England.

Blue Zones, Lessons on Eating and Living **Longer AND Healthier (In-Person)**

6 sessions with Anna Jones

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 1:30 – 3:00 p.m. ET| \$65| Location: <u>FSU</u>

In this course you will learn all about the "Blue Zones" - rare hot spots around the globe where people appear to live longer and healthier than anywhere else. Interested in adding vital years to your life? Come join us.

Florida and the American Revolution (In-Person)

6 sessions with Ben Gunter

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 1:30 – 3:00 p.m. ET| \$65| Location: <u>FSU</u>

This course brings us into first-person contact with songs, plays, newspaper stories, and memoirs from loyalist Florida during 1776. We will learn about the ideals and aspirations that drove the American Revolution.

Experiences of a German Girl: Nazi Regime, WWII Aftermath, and Teaching Nazi Genocide in German Schools (In-Person)

6 sessions with Toni Fuss Kirkwood-Tucker 2/19, 2/26, 3/5, 3/19, 3/26, 4/2 2:30 – 4:00 p.m. ET | \$65| Location: <u>WO</u>

The course includes postwar conditions of WW II; collaboration of church and state; liberation; soldiers throwing candy to war-torn children; occupation; imprint of my dissident father; mandatory teaching of Nazi genocide in German schools.

The Mad Hatter's Tea Party (In-Person)



6 sessions with Robert **Watkins**

2/19, 2/26, 3/5, 3/19, 3/26, 4/2 2:30 - 4:30 p.m. ET \$85| Location: Keiser <u>University</u>

Afternoon tea, Alice in Wonderland, and other

topics in the writings of Lewis Carroll. Including the Big Bang, math and art, genetic epistemology, evolution, set theory, logic, the roots of post-modernism, and questions like, "Who are you?"

Thursday Classes

The First World War (In-Person)

6 sessions with Darryl Myers

2/20, 2/27, 3/6, 3/20, 3/27, 4/3 9:30 - 11:00 a.m. ET | \$65 | Location: <u>WO</u>

An overview of WW I, with an emphasis on the radical changes that the war brought about, from its roots to its aftermath. The emphasis will be on how people at the time kept getting overtaken by new, unexpected, and drastic changes.

Constitutional Convention of 1787: A Peek Behind the Curtain (In-Person)

4 sessions with Nelson Easterling

2/20, 2/27, 3/6, 3/20

11:00 a.m. - 12:30 p.m. ET | \$45

Location: **FSU**

The U.S. Constitution was written in a time of turbulence and in a state of secrecy. This presentation will use Madison's notes, supported by the Federalist Papers, to reveal the ideas and political philosophies behind our political system.

Post Impression and the Birth of Abstraction (In-Person)

6 sessions with Lauren Weingarden

2/20, 2/27, 3/6, 3/20, 3/27, 4/3 11:00 a.m. - 12:30 p.m. ET | \$65

Location: <u>FSU</u>

This course follows Cezanne, Seurat, Van Gogh, Gauguin, and Matisse from the 1880s to the 1910s. Their innovative styles of art, using simplified colors, lines, and forms for expressive effects, led to 20th-century abstraction.

¡Vamonos! - Español 1 (In-Person)

6 sessions with Laura Morris

2/20, 2/27, 3/6, 3/20, 3/27, 4/3 11:00 a.m. - 12:30 p.m. ET | \$65

Location: FSU

This course is designed for students who have limited or no working knowledge of Spanish. The emphasis will be participation in conversation by learning basic grammar and vocabulary in an informal, fun setting!

¡Arriba! - Espanol III (In-Person)

6 sessions with Laura Morris

2/20, 2/27, 3/6, 3/20, 3/27, 4/3

1:00 - 2:30 p.m. ET | \$65 | Location: <u>FSU</u>

The class will focus on reading, writing and especially on conversation skills. Using interactive activities

and practice students will be encouraged to feel comfortable and confident in speaking this beautiful language!

Group Piano Lessons- An Introduction (In-Person)

6 sessions with Xixi Shen

2/20, 2/27, 3/6, 3/20, 3/27, 4/3 1:00 - 2:30 p.m. ET | \$135 | Location: <u>FSU</u> <u>Kellogg Bldg.</u>

This course offers individuals who have little or no piano experience the chance to receive a thorough introduction to playing this versatile instrument. Students will develop elementary note-reading skills.

The Marvelous Insects (In-Person)



3 sessions with Walter Tschinkel

2/20, 2/27, 3/6 1:00 - 2:30 p.m. ET | \$35 | Location: FSU

An Introduction to the marvelous Insects, the earth's most speciesrich animals, including structure, function, ecology, and evolution.

Israel, Gaza and Hamas, and the International System: An Ongoing Discussion (Hybrid)

3 sessions with Mark Schlakman

3/20, 3/27, 4/3

1:00 - 2:30 p.m. ET | \$35 | Location: <u>FSU</u>

Exploring developments that unfolded recently and are emerging during this window with an emphasis upon the implications of transitioning into a new presidential administration within the US.

Floridaman's Guide to Hurricane Season (In-Person)

3 sessions with Ryan Truchelut

2/20, 2/27, 3/6

2:30 - 4:00 p.m. ET | \$35 | Location: WO

The instructor will walk you through hurricane basics and history, modern tropical forecasting tools and processes, and new developments in hurricane prediction and mitigation.

Thursday Classes

Nutrition for Healthy Aging (In-Person)

3 sessions with Leah Gilbert-Henderson

3/20, 3/27, 4/3

2:30 - 4:00 p.m. ET | \$35 | Location: <u>WO</u>

Nutrition for Healthy Aging will cover how nutrition can influence the aging process. We will try to answer the question: Can you slow the aging process and increase your lifespan as well as your healthspan with diet and a healthy lifestyle?

Early Cuban Exiles: Memories of Loss, Struggle, and Rebirth (In-Person)

3 sessions with David Powell

2/20, 2/27, 3/6

3:00 - 4:30 p.m. ET | \$35 | Location: <u>FSU</u>

This course is about the 600,000 Cuban refugees who came to the U.S. after Fidel Castro took power. We will learn what happened in Cuba, why Cubans left, what happened here, and how the diaspora that began then continues today.

Old Florida: Iconic Roadside Attractions (In-Person)

3 sessions with Lu Vickers

3/20, 3/27, 4/3

3:00 - 4:30 p.m. ET | \$35 | Location: FSU

This class covers Weeki Wachee, Cypress Gardens, and Paradise Park to explore Florida's iconic roadside attractions.

Italian for Travelers (In-Person)

6 sessions with Austin Wilkes

2/20, 2/27, 3/6, 3/20, 3/27, 4/3

3:00 - 4:30 p.m. ET | \$65 | Location: <u>FSU</u>

Italian for Travelers is an introduction to the basics of Italian language and culture. Through an imaginary journey to six Italian cities, students-- beginner or intermediate-- will learn practical strategies for getting around in Italy.

Art of Ancient Egypt (In-Person)

3 sessions with Courtnay Micots

2/20, 2/27, 3/6

5:00 - 6:30 p.m. ET | \$35 | Location: <u>FSU</u>

We'll explore the art of ancient Egypt through three themes: Art and Death, Women of Distinction, and Foreigners.

Medieval Science: Exploring Insights and Discoveries (In-Person)

6 sessions with Ilya Dines

2/20, 2/27, 3/6, 3/20, 3/27, 4/3

5:00 - 6:30 p.m. ET | \$65 | Location: FSU

This course provides a comprehensive exploration of medieval scientific thought, encompassing various disciplines such as medicine, astronomy, and geography.

The Vietnam War Part II: 1964-1975 (Hybrid)

6 sessions with David Proctor

2/20, 2/27, 3/6, 3/20, 3/27, 4/3

5:00 - 6:30 p.m. ET \$65 | Location: <u>FSU</u>

This course will examine the Vietnam War from the beginning of Lyndon Johnson's presidency to the fall of Saigon in 1975.

Group Songwriting Lessons - An Introduction (In-Person)

3 sessions with Brandon Peace

2/20, 2/27 and *Tuesday* 4/1 5:30 - 7:00 p.m. CT \$35 | Location: OH

This course offers

Want More Information?

You can find full descriptions of all courses and activities, including class size limits, instructor biographies, course requirements, recommended readings, room numbers online at olli.fsu.edu.

individuals with little to no songwriting experience the opportunity to receive a fun and interactive introduction to the art of writing songs. Mr. Peace will use interesting topics and exercises to spark the student's creativity. Students will develop basic songwriting skills.

CLASS SCHOLARSHIPS ARE NOW AVAILABLE!

A limited number of OLLI class scholarships are available through a simple, friendly, confidential process. Email Dherman@fsu.edu for more information.

Friday Classes

Wakulla Springs State Park Tree Identification Hike (In-Person)

2 separate sessions. Please choose one:

Friday, 2/28 – rain date of 3/7 | 10 a.m. – 2:00 p.m. ET OR Friday, 3/28 – rain date of 4/4 | 10 a.m. – 2:00 p.m. ET \$35

In this class your instructor will lead you on a hike practicing identifying trees in this species-diverse forest. Whether you are a well-seasoned plant identification person or a beginner, there will be something for everyone on this fun adventure. *Mobility Requirement:* Participants must be able to hike a forest trail. *This class is not suitable for individuals with mobility impairments.*

Parking

FSU Campus

If you are taking a class on Wednesdays or Thursdays on the FSU campus in the Claude Pepper Center or Kellogg Research Bldg., we encourage the purchase of a parking pass for \$35 (supplemented by OLLI) that will allow you to park in the FSU garage



located on the corner of Macomb and Call St. (upon arrival, enter through the Macomb St. or Call St. entrance and look for the garage attendants, who will direct you where to park); or for \$40 you can park with valet in front of the

Claude Pepper Center. To purchase, sign into your account and just like you are adding a membership or class, find the category "FSU Campus Parking" listed under "OLLI Extras." After you purchase your pass, you will receive an email confirmation that must be printed out and placed on your dashboard on the driver's side.

Walking directions from the garage to the Pepper Center: From the Call St. level, walk west

past the Fine Arts Building, cross Copeland St., and you'll find the Claude Pepper Center in that block on the right. Total travel to the Pepper Center is two blocks.

Valet Parking: If you have purchased a Valet Parking Pass, pull inside the circle drive at the Pepper Center on Call St. and leave your car and keys with the attendant, who will give you a ticket to redeem your car. (You MUST have your pass visible on the dashboard to use the garage and valet service!) Please do not block the street or block traffic. Valet attendants will be available 30 minutes before each class.

Westminster Oaks

Members attending an OLLI class at Westminster Oaks can park free of charge in any of the **unnumbered** spots in the large parking garage adjacent to the Maguire Center.

OLLI at FSU, PC30A Location (Ohana Institute)

The Ohana Institute is located at 12805 U.S.-98 Suite J100, Inlet Beach, FL 32461. The location will bring you to the 30A Avenue shopping center. The Ohana Institute is located at the back of the shopping center with parking lots on each side of the building. FSU directional signs will direct your path.

...more about cars!

Tallahassee CarFit Event at Westminster Oaks Retirement Community

Monday, 3/31, 9:00 a.m. - 12:00 noon | Location: **WO** Fee: Free

Making sure that you and your vehicle fit well together can be as important to your safety as a mechanical tune-up. CarFit is a free, educational safety event designed to help drivers improve the "fit" of their vehicles for comfort and safety. A 20-minute check-up with a trained technician will help you learn about proper safety belt use and fit, the safe distance

between you and your airbag, mirror positioning to minimize blind spots, state and local resources, and



more. Contact Megan Case to reserve your spot, (850) 644-8145 or mcase@fsu.edu.

Activities/Socials/Tours

OLLI at FSU offers in-person educational outings, local workshops and tours. We hope you take this opportunity to get to know your fellow OLLIites and register for one or more of these events. *All events are in the Tallahassee Big Bend region in the Eastern Time Zone, unless otherwise noted* and require online registration. Payments are made online at the OLLI website, unless otherwise noted. Refer to the full activity description online for full details and OLLI contact information.

Tallahassee Symphony Orchestra Open Rehearsal

Ruby Diamond Concert Hall, 200 W. College Ave.

Saturday, 1/18, 10 a.m. - 12:30 p.m. Free | Register by 1/17

Tallahassee Community Chorus Concert

Ruby Diamond Concert Hall, 200 W. College Ave.

Sunday, 1/26, 4:00 - 6:00 p.m. Fee: \$23 | Register by 1/23

Bowling: Capital City Lanes 820 Capital Circle N.E.

Friday, 1/31, 1:00 - 3:00 p.m.

Fee: \$8 at the counter | Register by 1/26

Maclay Gardens Tour 3540 Thomasville Rd.

Friday, 2/7, 9:00 - 10:30 a.m.

Fee: \$6 per person at the gate | Register by 2/2

Historic Quilts Exhibit at MOFA

FSU Museum of Fine Arts, 530 W. Call St.

Friday, 2/7, 3:00 - 4:00 p.m. | Free | Register by 2/2

John G. Riley Center and Museum Tour 419 E. Jefferson St.

Friday, 2/14, 10:30 - 11:30 a.m. Fee: \$5 at the door | Register by 2/9

Lichgate on High Road Tour 1401 High Rd.

Tuesday, 2/18, 10:00 - 11:00 a.m. Free | Register by 2/16

Tallahassee/Leon County Consolidated Dispatch Agency Tour 911 Easterwood Dr.

Friday, 2/21, 10:00 a.m. - 12:00 noon Free | Register by 2/16

FSU School of Theater Presents - Mel Brooks' Young Frankenstein FSU Fallon Theater, 540 W. Call St.

Sunday 3/2, 2:00 - 4:30 p.m. Fee: \$33 | Register by 2/2

Challenger Learning Center - IMAX Theater and Engineering Lab 200 S. Duval St.

Friday, 3/7, 9:30 - 11:00 a.m. Fee: \$16.75 | Register by 3/2

Lightsey Nature Park 1317 Capital Circle S.W.

Tuesday, 3/25, 9:30 - 11:00 a.m. Free | Register by 3/23

Gadsden Museum of Art Tour

13 N. Madison St., Quincy

Friday, 3/28, 10:30 - 11:30 a.m. Fee: \$10 at the door | Register by 3/23

Tallahassee Symphony Orchestra Open Rehearsal

Ruby Diamond Concert Hall, 200 W. College Ave.

Saturday, 3/29 10 a.m. - 12:30 noon Free | Register by 3/23

OLLI Cooks and Game Night!

3852 Wiggington Rd. Tuesday, 4/1, 5:00 - 8:00 p.m.

Fee: Guests bring assigned food and beverage Register by 3/23

Torreya State Park Hike 2576 N.W. Torreya Park Rd., Bristol

Friday, 4/11, 10:00 a.m. - 12:00 noon Fee: \$3 per car at the gate | Register by 4/6

Earth Day: Music on the Hill at Millstone Plantation

6500 Old Millstone Plantation Rd.

Tuesday, 4/22, 3:00 - 6:00 p.m. Free | Register by 4/16

Tallahassee Community Chorus

Ruby Diamond Concert Hall, 200 W. College Ave.

Sunday, 4/27, 4:00 - 6:00 p.m. Fee: \$23 | Register by 4/23

Tallahassee Symphony Orchestra Open Rehearsal

Ruby Diamond Concert Hall, 200 W. College Ave.

Saturday, 5/3, 10 a.m. - 12:30 p.m. Free | Register by 4/27

Zoom Lecture Series



A Survivor's Stories of the Holocaust with Irving Lubliner, Professor Emeritus, Southern Oregon University Monday, 2/11 1:00 p.m. EST



The Rise and Fall of the Femme Fatale in Film Noir Films
with Karen Herzog, retired journalism/ film teacher and media specialist
Wednesday, 2/13
1:00 p.m EST



Artful Legacies: A Workshop on Multi-Generational Art Collecting with Amanda Karioth Thompson, Art Consultant Tuesday, 2/12 1:00 p.m. EST

Sign up online at olli.fsu.edu.

Registration is required.
A Zoom link will emailed to those registered.
These lectures are free to members and
\$10 to non-members.



Date: Friday, April 11 Time: 12:00 p.m.

Location: The FSU Rez, 3226 Flastacowo Rd.

Be part of a memorable occasion as OLLI President Jan Smith hands over the leadership to incoming President Debbie Justice-Obley. You'll also have the chance to hear inspiring stories from FSU students from the Colleges of Arts and Sciences/Environmental Sciences, Nursing, Student Veterans Center, and Panama City Campus who have been awarded OLLI scholarships.

Don't miss out! Register online.



OLLI clubs offer opportunities for members with shared interests. **To participate, follow these steps each semester:** 1) Register online for desired clubs. 2) Email club coordinators to join their distribution lists. **NOTE:** These events take place in the Tallahassee area. Monday Book Club offers Zoom for all members. Membership is not required for Wednesdays with OLLI and the Travel Club.

Book Club - MONDAYS

Meets the second Monday of each month, September through June, from 11:00 a.m. - 12:30 p.m. ET. Location: Sunshine Health in the Town South Shopping Center, 2525 S. Monroe St. Members may also attend our meetings via Zoom. Contact Lori Gormin, at lgormin@fsu.edu — monthly book titles listed online.

Book Club - WEDNESDAYS

Meets the second Wednesday of each month, September through June, from 3:15 – 4:45 p.m. Location: Pool House Westminster Oaks. Contact Susan Barnes at <u>ollibookclub@gmail.com</u> monthly book titles listed online.

Club Español

Meets every Friday, 10:00 to 11:00 a.m. by Zoom, for conversation practice. Members, either those enrolled in an OLLI Spanish class or those who wish to boost their conversation skills are welcome to join. We plan to enjoy lunch together at a Hispanic restaurant one Friday a month. Contact Laura Morris at **startrek1330@gmail.com**.

French Club - NEW!

Join our new French Club! We meet Fridays from 12:00 noon to 1:00 p.m. at the Alliance Française of Tallahassee. Feel free to bring your lunch, and enjoy refreshments provided by Maggie. Our first meeting is on January 17. Please RSVP to Maggie McColley at **memcco@gmail.com**. We look forward to seeing you there!

Lunch Discussion Roundtable

Meets from 11:30 a.m. to 1:30 p.m. on Thursdays. Join us for a group lunch discussion on any serious or current topics, ranging from the cosmos to politics. The discussion will be limited to a maximum of eight participants and held at a local restaurant. The location will be determined by the moderator and may be modified based on the group's needs. Contact Billy Adkisson at Bill.adkisson@outlook.com.

Men's Group

Meets every two weeks on Fridays from 11:30 a.m. - 1:00 p.m. at the Tallahassee Fish House and Oyster

Bar. We discuss issues and challenges faced by older men, share knowledge and expertise on a range of topics, and socialize in an informal environment. Responsibility for facilitating discussions is generally rotated among the participating members. Contact Frank Alarcon at alarconfi@yahoo.com.

Photography Club NEW!

We are excited to announce the formation of the OLLI Photography Club! This club is dedicated to nurturing a passion for photography with cell phones and/or mirrorless DSLR cameras. Enjoy monthly meetings where club members can share knowledge, critique each other's work, and enhance their photography skills together. We will organize monthly photo field trips, providing opportunities for members to practice their craft in diverse settings while enjoying social interaction. If you want to join and support our vibrant photography community, sign up online and follow the instructions at the top of this page. Contact Jim Brown at hobesound@comcast.net.

Travel Club

The Travel Club shares information about planned trips. Meeting details are sent to the Travel Club email list and can be found at **olli.fsu.edu**. You don't need to be an OLLI member to join the club, but you must be a member to travel with OLLI. To join the email list, contact Harriet and George Waas at **waas01@comcast.net**.

Walking Club

Meets several times each week. Join other OLLI members on various trails around Tallahassee. Pick your group based on your pace and type of walking surface: even-paced (mostly on paved surfaces) or more challenging (somewhat rugged trails). Benefit from two keys to longevity – social connections and physical exercise. Contact Vicki Holley at 1217vjholley@gmail.com.

Wednesdays with OLLI at 5 p.m. - Spring

OLLI members and friends gather weekly over drinks and dinner at various restaurants in town. You will receive a weekly email with the dinner locations and times. Non-members are welcome to attend! Contact Denise or Renae at **gethappyolli@gmail.com**.

Volunteerism/Positions and Needs

Our OLLI volunteers are amazing, and we can't thank them enough for their efforts in expanding our OLLI program. The Curriculum Committee, chaired by volunteers, researches course opportunities, recruits instructors

and selects course proposals. If you have an idea for an interesting class, please bring your ideas to the Curriculum Committee. Contact Curriculum Co-chair Harriet Waas, waas01@comcast.net, or Co-chair Vicki Holley, 1217vjholley@gmail.com.

Activities, clubs and field trips are provided by creative volunteers who have an area of interest and are willing to organize these clubs or activities. If you have a special interest, please let us know, and we will help you share it with other OLLI members! Contact 1st VP Debbie Justice-Obley, **DrDJO@yahoo.com**.

The OLLI catalog and other OLLI information and promotion materials are designed, written and edited by volunteers along with the staff. Volunteers also consult on and execute public relations efforts in coordination with the director to promote membership and participation in OLLI. Have skills in this area? Let us know. Contact Communications and Marketing Committee Chair Fran Conaway,

franconaway32312@gmail.com.

Volunteers also are responsible for philanthropic and fundraising campaigns. Look for information about ways YOU can help make OLLI even better! In addition, volunteers manage course and annual surveys, and derive data to support planning and operations. Members of the Advisory Council work throughout the year to plan for the future of OLLI. Class hosts assist our instructors to make classes run smoothly. All these volunteer efforts provide an amazing

Call for Class Hosts

If you've taken classes in-person in past semesters, you're aware that one of the important ways OLLI welcomes new and returning OLLI members is by having a host for each class. They greet students, make sure attendance lists are maintained, support instructors as needed, make announcements and serve as a conduit for messages from students to OLLI administration and leadership. Being a class host gives you the opportunity to get to know your classmates and provide an important service to them. Class Host training will be Thursday, February 13, 10:30 - 11:30 a.m. at PeoplesSouth Bank on 2920 Kerry Forest Parkway. Ample parking is available. If you are interested or would like more information, contact Kent Putnam, putnamkr47@gmail.com.

Class Hosts are needed for all in-person classes.

OLLI experience for you. And if you have any suggestions or ideas on expanding volunteer opportunities, or if you wish to volunteer for OLLI, please contact Marsha VandenDooren at mvandendooren@comcast.net or better yet, please complete our questionnaire by selecting: The Volunteer Questionnaire!





Activities and clubs are an important part of the OLLI experience and are managed by industrious, creative and hardworking OLLI volunteers! Volunteer Chair Marsha VandenDoren (seen on the left) driving a firetruck during the Tyndall Fire Emergency tour. On the right, members involved in a cooking demonstration on a trip to the Canadian Maritimes. Taking part in OLLI extracurricular activities is engaging and rewarding!

Ways to Join and Register

Registration for OLLI membership, classes, clubs, and activities opens on January 23. Spring semester membership fee is \$60. If you don't have an OLLI account, you can create one for free before the registration date. Find detailed registration information, terms, and the refund policy online at **olli.fsu.edu**.



Online olli.fsu.edu



Phone 850.644.3520 or 850.644.7947



In Person

The Claude Pepper Center 636 W. Call St., Room 267, FSU Campus Thursday, 1/23, 10:00 a.m. - 3:00 p.m. ET

Membership - Add this first to your shopping cart when registering! Skip this step if you purchased an Annual Membership this past fall.

Spring-only membership is valid through April 30, 2025, and is \$60 per person. To register choose the "Join & Sign In" button on the OLLI homepage. After you sign in or create a new account select "Add a Membership." Choose your location the desired membership type and select "Add to Cart." You MUST select a membership type FIRST and place it in your cart to proceed. If you do not, shopping carts for additional items will not appear. Membership fees are non-refundable (unless a class is cancelled by OLLI administration).

Classes and Lectures

Class fees range from \$15 to \$135. After you place a membership in your shopping cart, please select "Return to Course Catalog" to purchase classes. Select the category "Classes & Lectures" and choose the subject area of your choice. Once you select a subject area you will see a list of classes. Select the class you want and then click "Add to Cart." If you are not signed into your account or did not place a membership in your cart, "Add to Cart" will not appear!

Panama City 30A Classes

If you want to purchase one of these classes, please click on PC30A (Panama City) In-person as they appear under the category "Courses & Lectures." Then select a class and click "Add to Cart." If you are not signed into your account, a current member, or do not have membership placed in your cart, "Add to Cart" will not appear!

Tours, Field Trips and Activities and Clubs

These fees vary, and many are free as a benefit to membership. If you want to purchase or sign up, click one of the titles above as they appear under "Get More Involved" category. Then select your choice and click "Add to Cart." Online registration is required for all, regardless of whether they are free or there is a charge. Please know that upon registering, some will require an online payment or no payment at all. In all cases you must sign up online! If you are not signed into your account, or membership is not placed in your cart, "Add to Cart" will not appear! Activity fees are non-refundable (unless an activity is cancelled by OLLI administration).

Registering for Zoom Lectures as a Non-Member

If you want to sign up for a Tallahassee Zoom lecture as a non-member you must first create an account by clicking on "Join and Sign In" on the OLLI website. Once you have done so, click on Non-member Options as they appear under the "Add a Membership" category. Then select the specific lecture(s) for non-members and click "Add to Cart." Each lecture is \$10. Proceed to check out.

How to Pay

Payments are made at the time of registration and can be made by credit card (MC, VISA, AMEX, DISCOVER) or by check made payable to **Florida State University.** Checks should be mailed to the OLLI office at 636 W. Call St., Tallahassee, FL 32306-1121.

See page 13 for instructions on how to purchase a parking pass for FSU campus classes.



Osher Lifelong Learning Institute 636 W. Call St. Tallahassee, FL 32306-1121

Come for the classes, Stay for the friendships!



The OLLI Travel Club eagerly anticipates exploring the world together. We've curated several incredible excursions, and we believe that traveling with OLLI friends offers a far more enriching experience than going solo.

Colors of Morocco - May 15 - 29, 2025

Highlights include: Rabat, Fes, Sahara Desert Luxury Tented Camp, Camel Ride, Khamlia Music Village, Ksar of Ait-Ben-Haddou, High Atlas Mountains, Marrakech, Choice on Tour: Moroccan Crafts Shopping Tour or Local Marrakech Hammam Experience, Cooking Class, Casablanca, Hassan II Mosque.

Spectacular Scandinavia - August 10-24, 2025

Highlights include: Stockholm, Choice on Tour: Vasa Museum or ABBA Museum, Sofiero Palace, Copenhagen, Tivoli Gardens, Choice on Tour: National Museum of Denmark or Explore Nyhavn, Oslo, Borgund Stave Church, Flåm Railway, Geirangerfjord Cruise, Bergen.

The Travel Club will host a meeting for each trip featuring our Collette Travel representative, Jack Brinson, who will give us more information and answer your questions.

You do not need to be a member of OLLI to join the Travel Club; however, you need to join OLLI should you choose to travel with us. Join us to learn about all the wonderful OLLI trips. Learn more, share more, and enjoy more of the world when you travel with OLLI! Contact Harriet and George Waas at waas01@comcast.net to be added to the email list.