



TALLAHASSEE • PANAMA CITY 30A



SEPTEMBER - DECEMBER

COURSE & ACTIVITY CATALOG

Showcase **SEPT. 10**

Registration SEPT. 12

Photo submitted by George & Harriet Waas, Morocco, May 2025

CONTACT

636 W. CALL ST. TALLAHASSEE, FL

850-644-8115 OLLI.FSU.EDU

NEW MEMBER & REFERRAL SPECIALS AVAILABLE! N 0

About Us

The **Osher Lifelong Learning Institute** at **Florida State University** is an exciting, challenging, intellectually enriching program tailored for adults who love to learn in a stress-free environment. No tests. No homework. Just the joy of discovery!

Each year, OLLI provides hundreds of **non-credit classes**, lectures, clubs, travel and special events for its members. Programs are offered on the FSU campus, at several locations in the Tallahassee and Panama City 30A areas and online via **Zoom**.

We offer an **Annual Membership** that includes participation in Fall, Spring and Summer semesters, or you can choose to participate on a **semester-by-semester** basis. As a member-centered organization, OLLI allows learners to expand their intellectual horizons, engage in enriching social activities, contribute through volunteer opportunities and take on meaningful leadership roles within the organization.

BENEFITS OF MEMBERSHIP

- Access to Tallahassee, PC30A and online classes
- Exclusive clubs and special interest groups
- > Culture and arts activities
- > Speaker series **lectures**
- > Social **events** and **gatherings**
- Local & regional **field trips** (including occasional overnight trips)
- > Study-abroad and **travel** programs
- > Weekly **e-blast** updates
- > FSU **library** privileges
- > Volunteer and leadership opportunities
- Social opportunities with **fellow** lifelong learners!

After purchasing your membership, email <u>MET22F@FSU.EDU</u> to receive your promo code.

SPECIAL OFFERS FROM OLLI AT FSU!

NEW MEMBER DISCOUNT

1 FREE COURSE

With purchase of a new membership.

Up to a \$65 value!

REFER A FRIEND & SAVE

50% OFF

One class when your referral becomes a new member!

SNEAK PEEK
SPECIAL RATE

Available for select PC30A classes.

No membership required!

Letter from Executive Director **Debra Herman, MBA**

Welcome to the Fall 2025 semester!

This fall term brings exciting possibilities - new classes, activities, new clubs, as well as domestic and international travel opportunities. With everyone's *memberships expiring August 31*, it's a great time to purchase the yearly membership (and the only time to do so!) It's a big savings! Whether you purchase an annual or a semester membership, we are looking for all of you who were members prior to COVID as well. We'd love for you to return to the OLLI you love. We miss you!

We are continuing several successful promotions this fall, including incentives for new members (tell your friends!) and returning members, and in the Panama City area, special pricing for select in-person classes for non-members!

As always, the online catalog on our website, **olli.fsu. edu**, is full of information about courses, activities, clubs and travel opportunities. If international travel to other countries and experiencing different cultures is exciting to you, we encourage you to look at the upcoming adventures we have planned for **2025-2026**! Join the Travel Club and get on the email list—even if you're not yet a member. You're welcome to become a member during the term you travel.

There are so many ways to get involved, grow and connect. Don't let these days just pass you by - join in and discover the joy around you.

See you soon!

Debra Herman

Want More Information?

You can find full descriptions of all courses and activities, including class size limits, instructor biographies, course and mobility requirements, recommended readings, room numbers and staff contact information online at **olli.fsu.edu.**



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HOW TO REGISTER

Registration for OLLI membership opens on **September 5**, with courses, clubs and activities available starting **September 12** at 10:00 a.m. ET. If you do not have an OLLI account, you can register at anytime online.

REMEMBER! New members—or those referring someone new—are eligible to receive a **course discount** with the purchase of an annual membership (see inside cover for details).

There are three ways you can register:

(please note we *cannot* take payment over the phone or by email)



ONLINE OLLI.FSU.EDU



PHONE OR EMAIL

850-644-8115 OR 850-644-3520 OLLI@FSU.EDU

MEMBERSHIP

Annual Membership

\$95 (valid through August 31, 2026)

Semester Only

\$60 (valid through December 31, 2025)

To register:

- 1. Sign in or create an account
- 2. Click "Add a Membership" under "OLLI Extras"
- **3.** Add to cart and complete checkout

You must purchase a membership before classes and activities will appear in your cart.

REGISTERING FOR CLASSES

Once membership is in your cart:

- 1. Browse the Classes & Lectures section
- **2.** Choose your subject area
- **3.** Add individual classes to your cart

Panama City 30A Classes

- **1.** Select the PC30A Courses & Lectures category
- **2.** Add your class to the cart as usual

Special non-member pricing available for certain in-person PC30A classes.

TOURS, FIELD TRIPS, CLUBS & ACTIVITIES

These may include additional fees or are free with membership.

- 1. Find them under "OLLI Extras"
- **2.** Select your activity, click "Add to Cart" and check out

All activities require online registration—even for free events. Fees may be refundable upon request.

ZOOM LECTURES FOR NON-MEMBERS

Non-members may register for select Zoom lectures (\$10 each):

- **1.** Create an account
- 2. Select your Zoom lecture(s) and check out

PAYMENT METHODS

Credit card MC, VISA, AMEX, Discover

Check made payable to Florida State University

Mail checks to:

OLLI at FSU 636 W Call St. Tallahassee, FL 32306-1121





SPECIAL EVENTS

OLLI at FSU Turns 35!

We're gearing up for a big celebration—35 years of curiosity, connection and community at OLLI at FSU!

Be on the lookout throughout the year for special announcements as we honor this milestone.

BONUS! Everyone who registers for an **Annual Membership** this fall will receive a **free anniversary gift**—a small thank-you for being part of our story.

Look for our new 35th Anniversary logo and join us in making this year unforgettable!



OLLI at FSU's

Merry & Bright Celebration

Join us for an Evening Buffet
 Live Music by Baby Gray
 Cash Bar

Wednesday, December 3rd 5:00-8:30 p.m.

Golden Eagle Country Club

3700 Golden Eagle Drive Members & Guest Fee: \$55 pp \$100 for two!

Optional:

Bring Holiday Cookies to share

NEW children's books for OLLI Book Drive

White Elephant Gift Exchange



Holiday Attire

Register Online by Nov. 27, 2025 olli.fsu.edu

OLLI EXTRAS

Lecture Series...expert insights on topics that matter!

The Fall 2025 Zoom Lectures are **free** for OLLI members • **\$10** for guests.



TSO Behind the Scenes and Beyond the Stage

Mary Kelsay, Director of Marketing, Tallahassee Symphony **Orchestra**

Experience the magic of a TSO concert from a new perspective. Join Mary Kelsay for a behind-the-scenes look at how programs are chosen, musicians are hired and the next generation of symphony lovers is inspired.



Recycling 101

🖺 Wednesday, Oct. 1, 1 p.m. ET Kate Lovett, Sustainability Manager, Leon County

The Leon County Office of Sustainability will offer an adapted version of their Master Recycler Class—a "Recycling 201" course covering local waste systems, recycling do's and don'ts, common myths and practical waste reduction strategies.



The 2025 Hurricane Season: How It's Going

🖺 Thursday, Oct. 2, 1 p.m. ET Ryan Truchelut, WeatherTiger

While the 2025 hurricane season may be past its September peak, history shows there's still plenty of activity to come—Florida has recorded a third of its hurricane landfalls after September 30. This presentation explores how this year's storms fit into hurricane history and what to expect for U.S. and Florida impacts in the final third of the season.

SPECIAL TRAVEL TRAINING EVENT: EXPLORE TALLAHASSEE BY BUS

Discover how easy—and fun—it can be to get around Tallahassee on public transit! Join **StarMetro** for a hands-on travel training experience designed for you. Learn to plan trips, ride with confidence and stay connected to your community. Your day includes a short workshop, guided walking tour and a complimentary bus ride. | LIMITED TO 20 PARTICIPANTS



OLLI EXTRAS

Travel with OLLI...and See the World!

The **OLLI Travel Club** has curated a selection of unforgettable trips—and we believe that traveling with fellow OLLI members creates a richer, more rewarding experience than going it alone.

DISCOVER HAWAIIAN ADVENTURE



Experience the spirit of Aloha on a 10-day tour of Oahu, the Big Island, and Maui. From Pearl Harbor to volcanic landscapes, rainforests, black sand beaches, and cultural traditions, this journey showcases Hawaii's beauty and heritage. Enjoy oceanfront stays, local cuisine, and guided excursions. **REGISTER BY OCTOBER 23, 2025**

AFRICAN SAFARI: KENYA AND TANZANIA



Experience the thrill of seven game drives in Amboseli, Ngorongoro Crater, Serengeti, Lake Eyasi, and Tarangire. Search for the "Big 5" amid landscapes from Mount Kilimanjaro to the Serengeti plains. Meet the Masai, Hadzabe, and Datoga communities, stay in lodges and tented camps, and savor local cuisine on an unforgettable East African adventure.

REGISTER BY FEBRUARY 2, 2026

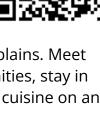
DISCOVER NEW ENGLAND HOLIDAY

Osher Lifelong Learning Institute at Florida State University



Celebrate the season on a 7-day tour of Boston, New Hampshire's White Mountains, and Newport, Rhode Island.

From the Boston Pops to the historic Omni Mount Washington Resort, this festive journey brims with New England charm. Enjoy cookie decorating, a sleigh ride to a Christmas tree farm, and The Breakers decked out for the holidays. | **REGISTER BY JUNE 3, 2026**





OLLI EXTRAS

Explore More... with OLLI Activities!

OLLI at FSU offers engaging educational outings, local workshops and regional tours designed to spark curiosity and connection. These events are a great way to explore new topics while getting to know your fellow OLLI friends!

- > All events take place in the **Tallahassee-Big Bend region** (ET) unless otherwise noted.
- **Registration** and **payment** are completed online unless noted otherwise.
- > Visit the website **olli.fsu.edu** for additional details, number of open seats and contact information.



St. Peter's Anglican Cathedral Tour

Monday, Sept. 22 | 10:30 - 11:30 a.m. ET

4784 Thomasville Rd.

Free | Register by 9/19

OLLI Cooks! Pasta Making Class at Brown's Kitchen

☐ Tuesday, Sept. 23 | 5:30 - 7:30 p.m. ET
 ② Browns Kitchen, 2551 Capital Circle NE
 \$68 + Gratuity | Register by 9/14

Tallahassee Car Museum "KNOW" Tour ☐ Thursday, Sept. 25 | 9 - 11 a.m. ET ○ Automobile Museum, 8600 Mahan Dr. \$17 | Register by 9/21

Bees & More at Granny Kats Friday, Oct. 10 | 10 - 11 a.m. ET 407 Industrial Park, Monticello, FL 13 | Register by 9/28 MINIMUM 15 REGISTERED

OLLI Dances! East Coast Swing

Tuesday, Oct. 14 | 6 - 7:30 p.m. ET

Keller Williams, 1520 Killearn Center Blvd
Free | Register by 10/12

Peterbrooke Chocolatier

Friday, Oct. 17 | 10:30 a.m. - 12:30 p.m. ET
 1817 Thomasville Rd.
 Register by 10/5

Kayaking at the FSU Lakefront (FSU Rez)

Friday, Oct. 24 | 11 a.m. - 2 p.m. ET FSU Lakefront Park & Retreat Center 3226 Flastacowo Rd.

\$130 (includes kayak/pavilion rental | Register by 10/5



OLLI EXTRAS

LeMoyne Arts Exhibit: Perspectives in Pastels

Saturday, Oct. 25 | 11 a.m. - 12:30 p.m. ET DeMoyne Arts, 125 N Gadsden St. Free for LeMoyne members, \$10 at the door

OLLI Cooks! Spooky Evening

Saturday, Oct. 25 | 5 - 8 p.m. ET

10055 Neamathla Trail
Bring assigned dish | Register by 10/5

OLLI Dances! Texas Two Step

 \(\text{Modes Tuesday, Oct. 28 | 6 - 7:30 p.m. ET.} \)

 \(\text{Keller Williams, 1520 Killearn Center Blvd Free | Register by 10/26} \)

Gadsden Arts Center Exhibit: Photos of the American South

Friday, Oct. 31 | 10 - 11 a.m. ET
Gadsden Arts Center & Museum

13 N Madison St., Quincy, FL Free for GAC members, \$5 at the door Register by 10/29

Tour of Lewis Spring House

Saturday, Nov. 1 | 1 - 2:30 p.m. ET

3117 Okeeheepkee Rd.

33 | Register by 10/19

MINIMUM 10 REGISTERED

Color Me Mine: Ceramic Painting

Saturday, Nov. 2 | 4 - 6 p.m. ET 1817 Thomasville Rd. 121 +cost of item | Register by 11/2



DIY Holiday Gift Bags at AR Workshop

\$ See online | Register by 11/5



FSU Lab Theater: You on the Moors Now

Sunday, Nov. 9 | 2 - 4:30 p.m. ET♥ FSU Lab Theater, 502 S Copeland St.

\$33 | Register by **10/19**

Birdsong Nature Center

Friday, Nov. 14 | 2 - 4:30 p.m. ET 2106 Meridian Rd., Thomasville GA 33 | Register by 11/12

Tallahassee Community Chorus Concert

🗎 Sunday, Nov. 23 | 4 - 6 p.m. ET

Ruby Diamond Concert Hall222 S Copeland St.\$28 | Register by 11/2

OLLI Game Night: Bunco

l Friday, Dec. 4 | 5 - 8 p.m. ET

3852 Wiggington Rd.

Bring hors d'oeuvres | Register by 11/30

OLLI Trail Walk: Ft. Braden Loop

 © Thursday, Dec. 4 | 9 - 11:30 a.m. ET

 © SR 20, 8+ miles West of Capital Circle

 Free | Register by 11/30

FSU College of Music Seasonal Concert

🗎 Thursday, Dec. 4 | 7:30 - 10 p.m. ET

Ruby Diamond Concert Hall,222 S Copeland St.

\$5 for Seniors, \$10 for adults | Register by 11/16

OLLI EXTRAS

OLLI Clubs...at a Glance

OLLI clubs are a great way to gather with fellow members who share your passions and interests—all in a relaxed, social setting.

- **1. Register online** for the clubs that interest you.
- 2. Reach out to club coordinators to be added to their email lists and stay in the loop.

Please note: A current OLLI membership is required to participate in clubs—except for Wednesdays with OLLI, MINGLE and the Travel Club, which are open to all.

SOCIAL CLUBS

New! M.I.N.G.L.E. with OLLI Mix and mingle—OLLI members and guests welcome.

- 🗎 1st & 3rd Tuesdays | 4 5:30 p.m.
- O Locations emailed ahead of time and announced on Facebook
- ③ No registration required. Open to all!
- Marsha VandenDooren, mvandendooren@comcast.net

Wednesdays with OLLI

Enjoy a relaxed sit-down dinner with fellow members at a local restaurant.

- **⊞** Wednesdays | 5 8 p.m. ET
- (1) Location emailed weekly to registered members.
- Denise, Renae or Nancy, gethappyolli@gmail.com

Lunch Discussion Roundtable

Topics range from the cosmos to politics.

- 🖺 Thursdays | 11:30 a.m. 1:30 p.m. ET
- **1** Local restaurant announced to participants weekly. Group capped at 10.
- **™** Bill Brvant. Bryant.bill@gmail.com

SPECIAL INTEREST CLUBS

Photography Club - All levels welcome—use your phone or camera to improve your skills.

- **(1)** Monthly meetings and field trips at varying locations and times.



Travel Club - Learn about upcoming trips and meet fellow travelers.

- (1) Meeting info sent via email and available at olli.fsu.edu.
- waas01@comcast.net

Men's Group

Discuss issues, share knowledge and socialize in an informal setting.

- 🖺 Every other Friday | 11:30 a.m. 1 p.m. ET
- Tallahassee Fish House & Oyster Bar

OLLI EXTRAS

LANGUAGE CLUBS

Club Español - Open all members wanting **French Club -** Parlez-vous français? to improve their Spanish.

- **⊞** Fridays | 11 a.m. 12 p.m. ET
- Red Hills Villages
- **③** *Members meet for lunch monthly.*
- M Laura González Morris. startrek1330@gmail.com

- **⊞** Fridays | 12 − 1 p.m. ET
- Alliance Française of Tallahassee, 541 E Tennessee St.
- **③** Feel free to bring your lunch; refreshments are provided.
- Maggie McColley, memcco@gmail.com

BOOK CLUBS

Monday Book Club

Meets the 2nd Monday of each month, September - June.

- 🗎 11 a.m. 12:30 p.m. ET
- Sunshine Health, 2525 S. Monroe St. (Zoom option)
- **③** Meeting dates and titles listed online.

Wednesday Book Club

Meets the 2nd Wednesday of each month, September - June.

- 🛗 3 4:30 p.m. ET
- Pool House, Westminster Oaks
- (1) Meeting dates and titles listed online.



SPORTS & RECREATION CLUBS



- **⊞** Fridays |1 − 3 p.m. ET
- O Capital City Lanes, 820 Capital Circle NE
- (1) \$8 covers 3 games, shoes and scoring
 - ☑ Elaine Agvent, elej1959@gmail.com

Pickleball Club – All skill levels welcome!

- Meet multiple times a month
- **③** *Games, drills and round robins at various* locations.
- Betsy Wood, betsywood100@gmail.com

Walking Club – Stay active while building social connections.

- 🖺 2-3 walks each day | Monday Saturday
- Various trails around Tallahassee
- **(1)** Choose your pace—even-paced on hardscape surfaces or more rugged trails.
- ☑ Vicki Holley, 1217vjholley@gmail.com



SCHEDULE AT A GLANCE

MONDAY

The Amazing Sound & Legacy of the Brill Building Emanuel Abramovits

9:30 a.m. **ET** (Zoom)

"Root Hog or Die!" Famous Last Stands in History Leo Jon Grogran 9:30 a.m. ET (Zoom)

Poetry for Beginners Christopher Hayes 10 a.m. **ET** (ALG)

The Great American Movie Musical: From Busby Berkeley to Vincent Minellil

Nicholas Santa Maria 12:15 p.m. **ET** (Zoom)

Nationalism & Exoticism in American Music Richard Bobo 2 p.m. ET (WO)

Conversations with Nature: Learning How to Tap Into the Messages of Mother Earth Christal Michele Omni 2:30 p.m. ET (Zoom)

16th Century Tristan de Luna ShipwrecksDella Scott-Ireton
5 p.m. **CT** (Zoom)

CT - Central Time courses are hosted at our Panama City Campus or surrounding area.

ET - Eastern Time courses hosted at our Tallahassee Campus or surrounding area.

TUESDAY

Know Your Rights as You Age - Rima Nathan
9:30 a.m. **ET** (*Zoom*)

Where on Earth Is the U.S.? Nations Leading on Issues that Matter - Doug Stowell 9:30 a.m. ET (Zoom)

Genealogy Meets AlDeanna Ramsey
9:30 a.m. **ET** (*WO*)

Español 1 - Laura Morris 9:30 a.m. **ET** (*RH*)

Florida's Manatees & Sea Turtles

Rebecca Nishida 10 a.m. **ET** (*ALG*)

Artificial Intelligence & Art - Hugh Leeman 12:15 p.m. ET (Zoom)

Dickens Christmas Carol in Movies & Television Gregory Ehrbar 2:30 p.m. ET (Zoom)

Back to Bedford Falls: All About "It's a Wonderful Life"

Michael Daniel Lyons 2:30 p.m. **ET** (Zoom)

Choosing Peace over Stress: Handling Stress in Today's Society Jeanne Louise O'Kon 5:30 p.m. CT (Zoom)

Lessons in Watercolor & Gold Leaf - Emily Little
6 p.m. **CT** (OH-PC30A)

WEDNESDAY

Exploring French Culture in Canada - Margaret E.

McColley | 9:30 a.m. ET (FSU)

Theatergoing with a Mission - Benjamin Gunter
9:30 a.m. **ET** (FSU)

A History of American Foreign Policy Darryl Myers 9:30 a.m. ET (FSU)

Healthy Hearing & Healthy Aging Catherine Johnson | 9:30 a.m. ET (WO) * add on Hearing testing

J.S. Bach's Cello Suites: Magic & Mystery Gregory Sauer 9:30 a.m. ET (WO)

Marine Science Adventures - Jon Schmidt 10 a.m. CT (State Parks TBA - PC30A)

French Language for Travel (with Writings from France) Margaret E. McColley 12 p.m. ET (FSU)

Español 2 - Laura Morris 12 p.m. **ET** *(FSU)*

Great Decisions 2025/ Hamas - Mark Schlakman
12 p.m. **ET** (FSU-Hybrid)

Dance & the Caribbean: Culture and Identity -Kimberly Milan 1:30 p.m. ET (ALG)

SCHEDULE AT A GLANCE

WEDNESDAY CONT...

THE MENT WENT TO THE PERSON OF THE PERSON OF

Fall of the Roman Empire Matthew Lupu 2 p.m. ET (WO)

Diversity - Danielle Taylor 2:15 p.m. **ET** (FSU)

Demons, the Antichrist, & Satan? - Jessica Ontek
2:15 p.m. **ET** (FSU)

Human Biology - from the Cell to Body System Leslie Wooten 2:30 p.m. ET (RH)

Spanish Language Basics Kristen Gibson 3:30 p.m. **CT** (Zoom)

Holiday Treats & Decorating Fun Chef Marsha Rex 5:30 p.m. CT (OH - PC30A)

THURSDAY

Chair Yoga Marney Richards 9:30 a.m. ET (DFS)

Which Did You Like Better, the Book or the Movie? Dennis Moore 9:30 a.m. ET (WO)

Madame Restell: The Story of a Victorian Abortionist Linda Ford 9:30 a.m. ET (FSU)

Democracy: Is There Too Much? - Claude Nelson
Easterling
9:30 a.m. **ET** (FSU)

Introduction to Chinese Language Samantha Buckley

Samantha Buckley 9:30 a.m. **ET** (*FSU*)

The Hidden Messages in Sci-Fi Films - Karen Herzog 9:30 a.m. ET (FSU)

Alan Hanstein 2:15 p.m. **ET** (CLC)

Flawed?

The United Nations: A Forum Laboring for Peace Among Nations

The Science of Science

Fiction: Fact, Fiction or

Toni Fuss Kirkwood-Tucker 2:30 p.m. **ET** (*RH*)

THURSDAY CONT...

Italian for Traveler

Are You My Mummy?

Austin Wilkes

12 p.m. **ET** (*FSU*)

Geoffrey Thomas

Marvelous Insects

Studying the Brain

Richard Bertram

2:15 p.m. **ET** (*FSU*)

12 p.m. **ET** (FSU)

Walter Tschinkel

2 p.m. **ET** (WO)

Think Like an Author
Mark Douglas
5:00 p.m. CT (OH - PC30A
Hybrid)

SATURDAY

Phillips
Oct. 25 - 9 a.m. ET (TT)

Nov. 8 - 9 a.m. **ET** (WO) Nov. 15 - 9 a.m. **ET** (SM)

More class details on following pages →

CLASS LOCATION KEY

ALG – Allegro Senior Living Community - Chapel, 4501 W Shannon Lakes (TLH)

CLC - Challenger Learning Center, 200 S Duval St. (TLH)

DFS – Dragonfly Studios, 457 Old St. Augustine Rd. (TLH)

FSU - Claude Pepper Center, 636 W Call St. (TLH)

OH – Ohana Institute, 12805 US-98 Suite J 100 (Inlet Beach)

RH – Red Hills Village (Theatre), 5103 Cold Harbor Dr. (TLH)

WO - Westminster Oaks - Maguire Center, 4449 Meandering Way (TLH)

*Parking information can be found on page 23.

MONDAY CLASSES

► The Amazing Sound & Legacy of the Brill Building

5 Sessions with **Emanuel Abramovits**

- 🗎 Oct. 6 Nov. 3 | 9:30 11 a.m. ET
- **☑** Zoom | \$55
- (1) The Brill Building era is that fantastic period in the 50s and 60s when the best popular music was mass-produced by a young generation of great talents, like Phil Spector, Carole King, Neil Diamond, Don Kirshner, Neil Sedaka, Burt Bacharach, Leiber & Stoller and more. Songs like Be My Baby, You've Lost that Lovin' Feelin', Save the Last Dance for Me, Hound Dog, The Locomotion, Do Wah Diddy Diddy and more. We all grew up with this music and there are many great stories behind these songs.



"Root Hog or Die!" Famous Last **Stands in History**

5 Sessions with L. Jon Grogan, Ph.D.

- 🖺 Oct. 6 Nov. 3 | 9:30 11 a.m. ET
- **₽** Zoom | \$55
- 3 Before the Battle of the Bulge, General Patton told the Third Army, "Everyone in this army must understand that we are not fighting this battle in any half-cocked manner. It's either root hog or die!" That phrase is an idiomatic expression meaning self-reliance or simply, "We are on our own!" The "Bulge" was a potential "last stand," and history is replete with others. We will examine five of them and identify their historical contexts, differences and similarities, importance and legacies.

Poetry for Beginners

6 Sessions with **Christopher Hayes, Ph.D.**

- 🖺 Oct. 6 Nov. 10 | 10 11:45 a.m. ET
- O Allegro | \$65
- Finding poetry in the everyday is designed to help people see poetry in their everyday lives. We will read and discuss famous poems, participate in poem-building exercises and share the poems we write in a relaxed setting. There is no wrong way to approach poetry, but there are a lot of fun ways! As with everything creative, writing is a process and we will work together throughout that process to create all kinds of poems.

MONDAY CLASSES

► The Great American Movie Musical: From Busby Berkeley to Vincent Minelli

6 Sessions with Nicholas Santa Maria

- 🗎 Oct. 6 Nov. 10 | 12:15 1:45 p.m. ET
- **₽** Zoom | \$65
- ③You will not only hear the behind the scenes stories about the performers and creators who invented and nurtured this truly American phenomenon of the movie musical, but you'll see clips of Fred Astaire, Ginger Rogers, Judy Garland, Gene Kelly, Eleanor Powell, the great comic musical 1 Session with **Della Scott-Ireton, Ph.D.** performers and so many more. Join me on what is perhaps the very best way to start your day... with a song and a dance.

► Nationalism & Exoticism in American Music

- 4 Sessions with **Richard Bobo**
- 🛗 Oct. 6 27 | 2 3:45 p.m. ET
- Westminster Oaks | \$45
- 1 This four-week course is an interactive study of selected orchestral compositions and theatrical productions by early twentiethcentury composers whose careers flourished within the continental United States. Primary focus will be given to compositions by Charles Ives, Aaron Copland, George Gershwin and Jerome Kern (along with lyricist Oscar Hammerstein).

Conversations with Nature: Learning How to Tap Into the **Messages of Mother Earth**

6 Sessions with Christal Mischelle Omni, Ph.D.

- Oct. 6 Nov. 10 | 2:30 4 p.m. ET
- **₽** Zoom | \$65
- 3 Have you ever felt like you needed a hard

reset on life? If so, THIS is the course for you. You are cordially invited to join FSU alumna, Dr. Chris Omni, '23, as she takes you on a nature-inspired journey of selfrestoration. While on this journey, you will explore green spaces, capture images of things that amplify your joy and engage in free-flow/guided journal writing exercises to explore deeper meanings of self and surroundings.

16th Century Tristan de Luna Shipwrecks

- **≅** Nov. 3 | 5 − 6:30 p.m. CT
- **₽** Zoom | \$15
- 3 Before the English settled Jamestown and before the Spanish colonized St. Augustine, the harbor of Pensacola, Florida, was targeted by Spanish authorities as the perfect place to establish a town on the northern Gulf Coast. Only a few weeks after arrival, however, the fleet of ships and settlement led by Tristán de Luna were irreparably damaged by a violent hurricane. Join us for an exploration of the history of this ill-fated settlement attempt, as well as the exciting archaeology taking place on land and underwater!



TUESDAY CLASSES





Know Your Rights As You Age 2 Sessions with **Rima Nathan**

- **Oct.** 7 15 | 9:30 a.m. 11 a.m. ET
- **₽** Zoom | \$25
- ① Learn the basic legal concepts one should be familiar with as they age. Topics will include advance health care planning, powers of attorney, guardianship, rights in long-term care facilities, Medicare and Medicaid, protecting yourself from financial exploitation and abuse and more.



Español 1

6 Sessions with Laura Morris

- 🗎 Oct. 7 Nov. 18 | 9:30 a.m. 11:15 a.m. ET
- Red Hills | \$65
- (i) "Hablamos Ahora" says it all! We will be speaking Spanish by the first day. It is designed for students who have SOME knowledge of Spanish, however, we strongly encourage students who have NEVER had Spanish to enjoy this incredible experience.



Genealogy Meets Al

6 Sessions with **Deanna Ramsey**

- 🗎 Oct. 7 Nov. 18 | 9:30 a.m. 11:15 a.m. ET
- Westminster Oaks | \$65
- ① Curious about artificial intelligence but not sure where to start? This beginner-friendly course is designed specifically to teach you how to understand what AI is, how it works and how it's already part of everyday life. With straightforward sessions and real-life examples, you'll gain confidence using AI tools safely and wisely.



Where on Earth Is the U.S.? Nations Leading on the Issues **That Matter**

- 1 Session with **Douglas Stowell**
- 🗎 Oct. 28 | 9:30 a.m. 11 a.m. ET
- **₽** Zoom | \$15
- **(i)** We will examine some 24 topics including: GDP, Wages, Taxes, Trade balance, Tariffs, Environment, Energy, Education, Healthcare, Climate Change, Immigration, Safety, Prosperity, Happiness, "BET" Nations, et al. Sources are surveys by highly credible and impartial world-wide organizations. Results are displayed in a "Top 10" on for the program and includes three discussion breaks.

Florida's Manatees & Sea Turtles

- 3 Sessions with Rebecca Nishida
- 🗎 Oct. 7 21 | 10 a.m. 11:45 a.m. ET
- Allegro | \$35
- 3 Biologists from the Florida Fish and Wildlife Conservation Commission (FWC) will discuss the biology of Florida's manatees and sea turtles and the conservation efforts to protect them. This class will explore the history and ecology of these iconic creatures and describe the research and management strategies to protect these charismatic marine megafauna. Stretch out your flippers and dive into the astonishing world of sea turtles and manatees!

TUESDAY CLASSES

Artificial Intelligence & Art

6 Sessions with **Hugh Leeman**

- 🗎 Oct. 7 Nov. 18 | 12:15 p.m. 1:45 p.m. ET
- **₽** Zoom | \$65
- **③** We will explore how today's great artists are using artificial intelligence to highlight society's most pressing challenges. By tracing key developments and breakthroughs in AI, we will examine the societal and ethical implications of these tools for human expression and consider how they may redefine cultural paradigms in the 21st century. Join us on a journey that will challenge our understanding of art, technology and the algorithms that guide our perceptions.



Dickens' Christmas Carol in Movies & Television

- 3 Sessions with **Gregory Ehrbar**
- 🗎 Oct. 7 21 | 2:30 p.m. 4 p.m. ET
- **₽** Zoom | \$35
- (1) A Christmas Carol was highly cinematic in its storytelling, thus ahead of its time when published in 1843, before film techniques like editing, flashbacks and special effects were developed. It has since inspired more screen adaptations than most other literary classics. This course follows Scrooge and his fellow characters from early "magic lantern" shows through the history of movies and television, including dramas, musicals, animation, comedies and, of course.

Back to Bedford Falls: All About l'It's a Wonderful Life'

- 3 Sessions with Michael Lyons
- 🗎 Oct. 28 Nov. 18 | 2:30 p.m. 4 p.m. ET
- **₽** Zoom | \$35
- (i) Writer Michael Lyons looks back at what's made this film so beloved. From the original short story by Philip Van Doren Stern, upon which it's based, through director Frank Capra's production of the film, to the resurgence of the film as mustsee holiday viewing in the 80s and 90s, you will learn why "It's a Wonderful Life" is such an essential part of film history.

Choosing Peace over Stress: Handling Stress in Today's Society

- 3 Sessions with Jeanne Louise O'Kon, Ph.D.
- 🗎 Oct. 21 Nov. 4 | 5:30 p.m. 7 p.m. CT **₽** Zoom | \$35
- ③ Stress is a common part of the human condition, but prolonged stress can affect all of us significantly. Topics will include the primary causes of stress (past and present), what is known about the effects of stress on all of us and how to develop effective strategies for handling stress. Choosing "peace" over "stress" can be very beneficial for the long-term health and happiness of all humans!



Lessons in Watercolor & Gold Leaf

2 Sessions with **Emily Little**

- Oct. 7 14 | 6 p.m. − 7:30 p.m. CT
- Ohana Institute (PC30A) | \$25 | Non-member \$35
- 1 This class is a lesson in watercolor with an emphasis on gold leaf and ink pen for patterns and textures. The main materials used are watercolor, gold leaf and pen ink.

WEDNESDAY CLASSES

WEDNESDAY CLASSES

Going on the December 2025 Christmas **Markets of Montréal & Québec City Trip?**

This class will help you get the most out of your journey learn the language, explore the culture!



Theatergoing with a Mission

6 sessions with Ben Gunter, Ph.D.

- 🗎 Oct. 8 Nov. 12 | 9:30 a.m. 11:15 a.m. ET
- SSU Pepper Center | \$65
- (1) Your mission, should you choose to accept it, is learning how to get the most out of an excursion to the theater. Through readings, interviews and coaching sessions in class, you'll build skills in how to choose a show to see, how to explore the script beforehand, how to put together a theater party and how to extend the pleasure of seeing a stimulating performance with postproduction discussion.

A History of American Foreign Policy

6 sessions with **Darryl Myers**

- 🗎 Oct. 8 Nov. 12 | 9:30 a.m. 11:15 a.m. ET
- SSU Pepper Center | \$65
- 3 A more or less chronological account of issues and decisions in American foreign policy from the early 19th century to the late 20th century, including a look at the structures of the US government that are relevant to making and enforcing foreign policy and some consideration of approaches and schools of thought.

Exploring French Culture in Canada

3 sessions with Margaret McColley, Ph.D.

- 🗎 Oct. 8 22 | 9:30 a.m. 11:15 a.m. ET
- SSU Pepper Center | \$35
- Introduction to Canadian culture, providing cultural highlights, the study of maps and well-known landmarks, insights into Canadian French, culinary recommendations and helpful expressions in Canadian French so you can navigate French-speaking cities such as Montreal. We will invite guest speakers to share their experiences as Canadians and as travelers to Canada.



A Healthy Hearing & Healthy Aging*

3 sessions with Catherine Johnson, Ph.D.

- 🗎 Oct. 29 Nov. 12 | 9:30 a.m. 11:15 a.m. ET
- Westminster Oaks | \$35
- 1 This series will provide insights on hearing health, impacts of hearing loss on physical and emotional well-being, amplification, assistive technology, communication strategies, cognitive effects of hearing loss and healthy aging. *Optional Hearing Test
- 🗎 Oct. 22 | 9 a.m. 12 p.m. ET
- Westminster Oaks Pool House

Marine Science Adventures

2 sessions with **Jon Schmidt**

- 🗎 Nov. 5 12 | 10 a.m. 11:30 a.m. CT
- **TBA (PC30A)** | \$25 | Non-member \$35
- ③ Step up on the shoreline and learn about the environment at two of the local state parks. The Team from Emerald and Forgotten Coast Adventures will share information and educate participants on the local environment.

▶ J.S. Bach's Cello Suites:

Magic & Mystery 3 sessions with **Gregory Sauer**

- Oct. 8 22 |9:30 a.m. − 11:15 a.m. ET
- Westminster Oaks | \$35
- ① Delve into the six Cello Suites of I.S. Bach. We will cover the history of the cello, Baroque dance forms, (no dancing required) and the performance history of these particular pieces. I will illuminate the musical factors that make these intimate pieces s o powerful. Each class will feature a complete performance of two of the suites, so the attendees will hear all six of them over the three class periods.



Español 2

6 sessions with Laura Morris

- 🗎 Oct. 8 Nov. 12 | 12 p.m. 1:45 p.m. ET
- Structure
 FSU Pepper Center | \$65
- Designed for students that have knowledge of Spanish and want to REFRESH/review their knowledge of grammar and increase their conversational skills. This is also for those who want to move to the NEXT LEVEL by enhancing skills in reading, writing and especially conversation. You will be amazed how much you can learn in an interactive and informal setting.



6 sessions with Margaret McColley, Ph.D.

- 🗎 Oct. 8 Nov. 12 | 12 p.m. 1:45 p.m. ET
- Structure
 FSU Pepper Center | \$65
- (1) Learn and practice key dialogues that will enable you to navigate and enjoy travel to France or French-speaking countries.

During each class, after practicing our dialogues, we will read from a variety of writings by people who have taken the plunge and moved to France for a longterm stay or to live. We will have guests come in from France for live question and answer on our final day. Regional refreshments served.



Great Decisions 2025/Hamas... 6 sessions with **Mark Schlakman**

- 🗎 Oct. 8 Nov. 12 | 12 p.m. 1:45 p.m. ET
- © FSU Pepper Center (HYBRID) | \$65
- (1) An exploration of three complex and distinct areas of foreign policy selected recently by the Foreign Policy Association for discussion during 2025, surrounding continuation of FSU/ OLLI's ongoing discussion of the current situation and circumstances involving Israel, Gaza and Hamas and the International System.

▶ Dance and the Caribbean: **Culture & Identity**

5 sessions with **Kimberly Milan**

- 🗎 Oct. 15 Nov. 12 | 1:30 p.m. 3:15 p.m. ET
- Allegro | \$55
- **1** Embark on a journey through Afro-Caribbean dance, exploring rich cultural expressions and vibrant social dances. Discover the roots of Rumba, Salsa, Bachata, Merengue, Gwoka, Calypso, Soca and more across the Spanish, French, English and Dutch Caribbean. Each movement tells a story of identity, history and resilience, inviting you to experience the rhythms, meanings and traditions that shape these powerful dance forms and the communities from which they emerge.

WEDNESDAY CLASSES

Fall of the Roman Empire

6 sessions with **Matthew Lupu, Ph.D.**

- 🗎 Oct. 8 Nov. 12 | 2 p.m. 3:45 p.m.
- Westminster Oaks | \$65
- (1) How did the Roman empire fall? Was it moral decay? Barbarian invasion? Something in the water? In this course, we will explore the political, economic and military decisions that led to the collapse of the Roman empire in the West and its survival in the East.

Insect Diversity & Identification

6 sessions with **Danielle Taylor**

- 🗎 Oct. 29 Nov. 12 | 2:15 p.m. 4 p.m. ET
- Structure
 Str
- 1 Insects are the most diverse group of animals on Earth, yet many remain unknown to us. This course dives into the world of insect diversity, teaching you how to identify and classify a variety of species. You'll explore insect anatomy, behavior and their vital roles in ecosystems. By the end, you'll have a deeper appreciation for the fascinating, often hidden world of insects around you.

Demons, Satan, & the Antichrist 6 sessions with Jessica Ontek, Ph.D.

- (a) Oct. 29 Nov. 12 | 2:15 p.m. 4 p.m.
- FSU Pepper Center | \$65

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③ Examine traditions regarding demons, the Antichrist and Satan in the Bible, Judaism and Christianity. Biblical and ancient non-

biblical texts that describe these figures are examined in their historical contexts. Traditions regarding Satan and other evil personages are traced historically so that students have a sense of how an understanding of these figures changed over time.

Human Biology: From the Cell to Body System 3 sessions with Leslie Wooten, Ph.D. 22 1 2:30 p.m. - 4:15 p.m. ET

- Red Hills | \$35
- ① Discover how your body develops, adapts and defends itself over time. From the first cells to complex systems like the brain and heart, we'll explore how the body grows, ages and faces challenges like cancer. Learn how your body works—and how to care for it with clarity, awe and practical tips for lifelong health.

Spanish Language Basics

4 Sessions with **Kristen Gibson**

- © Oct. 8 29 | 3:30 p.m. 5:00 p.m. CT
- **₽** Zoom | \$45
- (3) ¡Bienvenidos a la clase de español! Cover topics like general greetings and teach about food, weather, travel and more. The focus will be on meaning and understanding along with oral communication as students will be speaking Spanish during every class.

Holiday Treats & Decorating Fun with Chef Marsha

2 sessions with Chef Marsha Rex 🖺 Nov. 5 - 12 | 5:30 p.m. - 7 p.m. CT

- Ohana Institute (PC30A) | \$25 | Non-member \$35
- (1) Explore the many phases of cooking and baking during the holidays. An array of cookies, candy, and special hors d'oeuvres for decorating during the holiday season are a perfect way to embrace your culinary creativity.

SCHEDULED OCT. 9 - NOV. 13

THURSDAY CLASSES

Chair Yoga

6 sessions with Marney Richards

- 🗎 Oct. 9 Nov. 13 | 9:30 a.m. 10:30 a.m. ET
- O Dragonfly Studios | \$75
- This class will be in person at a local yoga studio. Participants will learn and practice physical postures, movements and breath techniques, both seated and standing, using the chair for support. The in-person setting offers the opportunity for individual attention, questions and answers and the enjoyment of practicing with a group. The focus will be on learning to adapt yoga practice to individual abilities and energy levels. I'll show options to adjust movements for individual needs and for those who want to stay seated.

Which Did You Like Better, the **Book or the Movie?**

6 sessions with **Dennis Moore**, **Ph.D.**

- 🗎 Oct. 9 Nov. 13 | 9:30 a.m. 11:15 a.m. ET
- Westminster Oaks | \$65
- (i) We'll discuss four novels and the film adaptation of each: Harper Lee's To Kill A Mockingbird, Jane Austen's Sense and Sensibility, Ian McEwan's Atonement and Philip Roth's The Human Stain. We'll be able to stream these four videos (plus oodles of others) through the Kanopy link at the Leon County Public Library's website.

Madame Restell: The Story of a **○** Victorian Abortionist

1 session with **Linda Ford**

- **(a)** Oct. 30 | 9:30 a.m. 11:15 a.m. ET.
- Structure
 FSU Pepper Center | \$15
- (i) Madame Restell remains one of the most controversial figures in Victorian New York City history. She amassed great wealth

as an abortionist and became known as The Wickedest Woman in New York, Yet, many quietly acknowledged her support of women's bodily autonomy. Through her story, we'll explore societal attitudes, legal challenges and moral debates surrounding reproductive rights in the 19th century.

Democracy: Is There Too Much?

3 sessions with Claude Easterling

- 🗎 Oct. 9 23 | 9:30 a.m. 11:15 a.m. ET SSU Pepper Center | \$35
- This course will develop a different perspective on the current state of politics in our federal government. It will begin with an analysis of the hyperpartisanship that is crippling the effectiveness of all three branches of government. This will include charting some of the most dangerous elements of the issue. We will then use social science research methodologies to seek a probable cause of this partisanship. Finally, we will discuss possible solutions and debate the entire issue.

Introduction to Chinese Language

6 sessions with Samantha Buckley

- 🗎 Oct. 9 Nov. 13 | 9:30 a.m. 11:15 a.m. ET
- ♥ FSU Pepper Center | \$65
- (1) Have you ever wondered what it would be like to learn one of the most widely spoken languages in the world? Introduction to Chinese Language will begin your journey learning a major dialect of Chinese: Mandarin. Focusing on pronunciation, functional phrases, speaking practice and writing basics, this course will jump-start your Chinese skills and provide a fun, supportive learning environment so you can start speaking Chinese right away!

THURSDAY CLASSES

The Hidden Messages in Sci-Fi

- 2 sessions with **Karen Herzog**
- 🗎 Oct. 6 Nov. 13 | 12 p.m. 1:45 p.m. ET
- SECTION OF STATE O
- 3 Since George Méliès' 1902 A Trip to the Moon, sci-fi films have explored the unknown asking if life exists beyond Earth, what science can achieve, and if we're alone. This course examines the hidden messages in sci-fi, from political themes and fears of the unknown to hopes for space exploration, technological advances, and the future of humanity.

Are You My Mummy?

6 sessions with **Geoffrey Thomas, Ph.D.**

- 🗎 Oct. 9 Nov. 13 | 12 p.m. 1:45 p.m. ET
- SSU Pepper Center | \$65
- This course offers an in-depth exploration of paleopathology the study of ancient disease and trauma in human remains. Through lecture, case studies and archaeological examples, students will examine evidence of infectious disease, nutritional deficiencies, degenerative disorders and skeletal trauma in past populations. Special topics include the cultural practices of headhunting and ancient tattooing, as well as the analysis of mummified remains from diverse environments.

Italian for Travelers

6 sessions with **Austin Wilkes**

- **©** Oct. 9 Nov. 13 | 12 p.m. 1:45 p.m. ET
- Structure
 Str
- (1) Italian for Travelers is an introductory language course designed to give students the basics they need to get

around Italy. Through an imagined journey to six major Italian cities, students will develop their language skills with a focus on culture over grammar.

Marvelous Insects

- 6 sessions with **Walter Tschinkel**
- 🗎 Oct. 29 Nov. 12 | 2 p.m. 3:45 p.m. ET SSU Pepper Center | \$65
- Insects are the most successful land animals. with 30 million species and diverse life forms. Evolving from segmented worms, they developed varied body plans through exoskeleton adaptations. For over 350 million years, they've flown from meters to miles high, occupying nearly every habitat from plants and soil to animals, fungus and even your bathroom drains.

Studying the Brain

3 sessions with **Richard Bertram, Ph.D.**

- 🛗 Oct. 9 -23 | 2:15 p.m. 4 p.m. ET
- FSU Pepper Center | \$35
- Scientists have studied the brain over the span of centuries, but only relatively recently have tools existed to really begin to understand how it works. This course provides historical background of the field of neuroscience and discusses how modern tools have allowed for advances in our understanding of brain function, as well as insights that have been gained in recent years.

The Science of Science Fiction

6 sessions with **Alan Hanstein**

- **≅** Oct. 9 Nov. 13 | 2:15 p.m. 4 p.m.
- Ochallenger Learning Center | \$65
- (i) Explore the science behind your favorite sci-fi films in this lively course that separates fact from fiction on the big screen. We'll examine the real-world science (and not-

THURSDAY CLASSES

so-scientific stretches) in movies like 2001: A Space Odyssey, The Martian, Jurassic Park, Interstellar and yes, even Armageddon. From space travel and time warps to cloning and asteroid impacts, discover what Hollywood gets right, wrong and why it matters—all with no science background required.

The United Nations: Laboring for Peace Among Nations

6 sessions with Toni Fuss Kirkwood-Tucker

- 🗎 Oct. 9 Nov. 13 | 2:30 p.m. 4:15 p.m. ET
- Red Hills | \$65
- **1** This six-week interactive course will address the origin, mission, branches and specialized agencies of the U.N.; membership nations; secretary-generals; peace-keeping forces and creation of three cogent documents; the U.N. global reach for sustainable development, refugee protection, disaster

SPECIAL SATURDAY COURSE

FOR BIRD ENTHUSIAST!

relief, removal of landmines, human rights, gender equality, advancement of women and education; criticism of its policy, ideology, equality of representation and First Lady Eleanor Roosevelt at the U.N.

Think Like an Author

4 sessions with Mark Douglas, Ph.D.

≅ Oct. 9 - 30 | 5 p.m. - 6:30 p.m. CT

- Ohana Institute (PC30A Hybrid) | \$45 Non-member \$55
- (1) Writing is more than putting words on a page—it's about crafting compelling characters, immersive settings and gripping plots while mastering the art of storytelling. This series guides aspiring writers through the key elements of fiction, from developing unforgettable characters to navigating the publishing world. Whether you're a seasoned writer or just starting, you'll gain the tools to think like an author and bring your stories to life.

Oct 25 - 9 a.m. - 3 p.n Tall Timbers

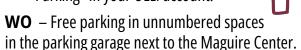
Nov 8 - 9 a.m. – 2:45 p.m. Westminster Oaks

Nov 15 - 9 a.m. – 3 p.m. St. Marks

WHERE CAN I PARK FOR OLLI CLASSES?

FSU – Macomb/Call St. Parking Garage

- \$35 Garage Pass or a \$45 Valet Pass must be displayed on your dashboard.
- Passes available under "FSU Campus Parking" in your OLLI account.



ALG – Free parking available in the strip center across the street.

OH – Located in the 30A Avenue shopping center. Free parking on both sides.

The **Seminole Express**® and **Night Nole**™ Bus Services provide transportation to, around and from campus to surrounding Tallahassee areas for students, faculty and staff and visitors.



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