



FSU

TALLAHASSEE • PANAMA CITY 30A



SUMMER 2026

CATALOG OF COURSES & ACTIVITIES

We're excited to welcome you to the **Summer 2026** semester at OLLI at FSU. Your participation—in classes, activities, clubs, and travel—continues to be the heart of OLLI. This year, we were thrilled by the tremendous success of our Inaugural Distinguished Professor Lecture Series, and we are already in the midst of planning another exciting series for 2027.

In the meantime, our 35th anniversary year is filled with new and engaging opportunities to keep learning, spark curiosity, and stretch our intellects in fresh ways. We invite you to join us—be engaged, stay involved, volunteer, try something new, and explore the world with OLLI. Invite your friends, neighbors, and fellow learners—because the more people you bring along, the richer the experience becomes.

As always, the online catalog at olli.fsu.edu is your best resource for current information on courses, activities, clubs, and travel opportunities. Classes continue in the **Panama City area** for participation in OLLI close to home while online opportunities offer additional ways to continue with others virtually.

We look forward to seeing you this summer — together, let's keep making this milestone year one to remember!

Sincerely,



LETTER FROM EXECUTIVE DIRECTOR,
DEBRA HERMAN



REGISTRATION OPENS APRIL 20

COURSES BEGIN MAY 11

LEARN MORE BY VISTING

OLLI.FSU.EDU

ABOUT OLLI AT FSU

The **Osher Lifelong Learning Institute at Florida State University** is an exciting, challenging, and intellectually enriching program tailored for adults who love to learn in a stress-free environment. No tests. No homework. Just the joy of discovery!

Each year, OLLI provides hundreds of **non-credit classes**, lectures, clubs, travel, and special events for its members. Programs are offered on the FSU campus, at several locations in the Tallahassee and Panama City (**PC30A**) areas and online via **Zoom**.

Annual Memberships are offered in the Fall and Spring and include participation in the Fall, Spring, and Summer semesters. Annual memberships **expire August 31** each year. You may also choose to participate on a **semester-by-semester** basis. As a member-centered organization, OLLI allows learners to expand their intellectual horizons, engage in enriching social activities, contribute through volunteer opportunities, and take on meaningful leadership roles within the organization.

BENEFITS OF MEMBERSHIP

- > Access to **Tallahassee, PC30A** and **online** classes
- > Exclusive **clubs** and **special interest** groups
- > **Culture** and **arts** activities
- > Speaker series **lectures**
- > Social **events** and **gatherings**
- > Local & regional **field trips**
- > Study-abroad and **travel** programs
- > Weekly **e-blast** updates
- > FSU **library** privileges
- > Volunteer and **leadership** opportunities
- > Social opportunities with **fellow lifelong learners!**

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SHOWCASE SEPTEMBER 9

REGISTRATION SEPTEMBER 11

CLASSES BEGIN OCTOBER 5

ANNIVERSARY GALA DECEMBER 2

FALL 2026 DATES:

OLLI EXTRAS

OLLI CLUBS

Register online for any clubs that interest you, go online and reach out to club coordinators to be added to their email lists and stay in the loop.

M.I.N.G.L.E. with OLLI

Wednesdays with OLLI

Club Español

French Club

Monday Book Club

Wednesday Book Club

**Lunch Discussion
Roundtable**

Photography Club

Travel Club

Men's Group

Bowling Club

Pickleball Club

Walking Club

Mah Jong Club **New!**

VOLUNTEER

OLLI is powered by volunteers who help shape courses, activities, clubs, communications, fundraising, and in-person classes. Opportunities include serving on the Curriculum Committee, organizing clubs or field trips, supporting communications and marketing, assisting with fundraising, and serving as a Class Host for in-person classes.

GENERAL VOLUNTEERING: Marsha VandenDooren, mvandendooren@comcast.net

TRAVEL WITH OLLI

OLLI membership opens the door to enriching travel experiences, offering members the opportunity to explore destinations near and far while learning and connecting with fellow lifelong learners. Visit olli.fsu.edu/olli-travel to read our Travelogue of places visited, sights seen and memories made.

DISCOVER NEW ENGLAND HOLIDAY

DECEMBER 10 — 16, 2026

Celebrate the holiday season across New England.

UTAH'S MIGHTY FIVE AND THE ROCKIES

May 10 — 18, 2027

Take an awe-inspiring train trip and trek across the Southwest.

ALPINE LAKES AND TRAINS AUGUST 2027

Featuring a cruise on Lake Maggiore and scenic trains in Switzerland and Italy.

WANT MORE INFORMATION?

You can find contact information for OLLI staff, advisory councils, and committee chairs for both Tallahassee and PC30A as well as full course descriptions, including class size limits, instructor biographies, mobility requirements, recommended readings, room numbers, and more online at **OLLI.FSU.EDU**.

ACTIVITIES & FIELD TRIPS

For full details on each activity, including descriptions, locations, pricing, and coordinator contact information, please visit olli.fsu.edu. Online registration is **required** for all activities.

TALLAHASSEE SYMPHONY ORCHESTRA DRESS REHEARSAL

SATURDAY, MAY 2 | 10 A.M. – 12:30 P.M.

Ruby Diamond Concert Hall

FREE | Max 100 | Register by **4/26**

WATERCOLOR WORKSHOP: FLORALS FOR BEGINNERS

FRIDAY, MAY 8 | 5 – 7:30 P.M.

AR Workshop, 1950 Thomasville Rd, Suite J

\$49 | Max 15 | Register by **5/3**

SOUTHERN SHAKESPEARE COMPANY, A "WALKING" MIDSUMMER NIGHT'S DREAM

SATURDAY, MAY 9 | 7:30 – 9:30 P.M.

Tallahassee Museum, 3945 Museum Road

\$27.10 | Max 20 | Register by **5/3**

BLIND DATE WITH A BOOK

FRIDAY, MAY 15 | 5:30 – 7:30 P.M.

Address provided to registrants

FREE | Max 11 | Register by **5/10**

GADSDEN ARTS CENTER AND MUSEUM

FRIDAY, MAY 22 | 10 – 11 A.M.

13 N Madison Street Quincy

\$5 | Max 20 | Register by **5/17**

OPERA AT FSU: MUHLY'S DARK SISTERS

FRIDAY, MAY 29 | 7:30 – 9:30 P.M.

FSU Kuersteiner Music Building

\$10 | Max 30 | Register by **5/24**

JOHN G. RILEY CENTER

FRIDAY, JUNE 5 | 10:30 – 11:30 A.M.

419 E. Jefferson Street.

\$5 | Max 15 | Register by **5/30**

TOMATO FESTIVAL

SUNDAY, JUNE 7 | 1 – 5 P.M.

Goodwood Museum and Garden

\$20 | Max 30 | Register by **5/31**

BOWLING FOR BABIES AT CAPITAL BOWLING LANES

SATURDAY, JUNE 13 | 10 A.M. – 12 P.M.

820 Capital Circle NE

\$53 | Max 12 | Register by **5/17**

DISTILLERY TOUR AND TASTING: 1861 DISTILLERY

SATURDAY, JUNE 27 | 4 – 6 P.M.

314 Smith Ave. Thomasville

\$20 | Max 20 | Register by **6/14**

CHALLENGER LEARNING CENTER

FRIDAY, JULY 10 | 3 – 5 P.M.

200 S Duval Street

\$13 | Max 30 | Register by **6/28**

SECOND HARVEST OF THE BIG BEND VOLUNTEER

FRIDAY, JULY 17 | 10 A.M. – 12 P.M.

4446 Entrepôt Boulevard

FREE | Max 15 | Register by **6/28**

FUSED GLASS ART: SUNCATCHER OR PLANT STAKE AT EKLEKTICITY KAT STUDIOS

FRIDAY, JULY 24 | 1:30 – 3:30 P.M.

615-3 Railroad Square

\$45 | Max 12 | Register by **7/12**

DINNER AND A MOVIE: "CHEF"

SATURDAY, JULY 25 | 5 – 7 P.M.

Address provided to registrants

FREE | Max 8 | Register by **7/12**

BOWLING AT CAPITAL LANES

FRIDAY, JULY 31 | 1 – 3:30 P.M.

\$8 | Max 12 | Register by **7/26**

APALACHICOLA ARSENAL MUSEUM

SATURDAY, AUGUST 1 | 10 – 11 A.M.

1071 Pecan Lane Chattahoochee

FREE | Max 20 | Register by **7/26**

OLLI GAMES!

SATURDAY, AUGUST 15 | 2 – 4 P.M.

Address provided to registrants

FREE | Max 13 | Register by **8/09**

HIKE - LAFAYETTE HERITAGE TRAIL

FRIDAY, AUGUST 28 | 8:30 – 10 A.M.

4900 Heritage Park Blvd

FREE | Max 20 | Register by **8/23**

MONDAY CLASSES

(No class Monday, May 25 for Memorial Day)

THE STORIES BEHIND GREAT SONGS | \$65

6 SESSIONS WITH **EMANUEL ABRAMOVITS**

MAY 11, 18, JUNE 1, 8, 15, 22 | 9:30 - 11 A.M. | **ZOOM**

Explore the fascinating stories behind popular songs that hold a special place in the hearts of the artists who created them but did not necessarily become their most well-known hits.

AROMATHERAPY FOR MIND, MEMORY AND MOOD

\$35

3 SESSIONS WITH **JENNIFER PRESSIMONE**

MAY 11, 18, JUNE 1 | 10 - 11:45 A.M. | **ALLEGRO**

Discover how scent influences mood, memory, focus, and mental clarity. Blending neuroscience, psychology, and holistic aromatherapy, learn to use scent for emotional balance, stress relief, and sharper thinking.

BALANCING YOUR WELLNESS WHEEL | \$35

3 SESSIONS WITH **EMILY SILVER**

JUNE 8, 15, 22 | 10 - 11:45 A.M. | **ALLEGRO**

This course offers an in-depth exploration of the eight dimensions of wellness. Participants will gain understanding of how each dimension of the wellness wheel influences the other and contributes to overall quality of life.

WHOLE WORLD IN AN UPROAR: MUSIC, REBELLION, AND REPRESSION IN THE 1960S | \$65

6 SESSIONS WITH **AARON LEONARD**

MAY 11, 18, JUNE 1, 8, 15, 22 | 12 - 1:30 P.M. | **ZOOM**

Join us for an exciting exploration of F. Scott Fitzgerald, Virginia Woolf, and Oscar Wilde—writers whose brilliance and boldness defined their eras.

THE SHARED HISTORY OF CUBA AND THE US | \$35

3 SESSIONS WITH **DAVID POWELL**

MAY 11, 18, JUNE 1 | 2 - 3:45 P.M.

WESTMINSTER OAKS

Explore the tangled, intimate history between these two antagonists as a prologue for what is unfolding now on the island and in Washington.

OLD FLORIDA: ICONIC ROADSIDE ATTRACTIONS | \$35

3 SESSIONS WITH **LU VICKERS**

JUNE 8, 15, 22 | 2 - 3:45 P.M. | **WESTMINSTER OAKS**

Take a journey to three of Florida's Iconic Roadside Attractions: Weeki Wachee, Cypress Gardens and Paradise Park.

HEALTHY AGING CHAIR YOGA | \$65

6 SESSIONS WITH **LISA FRENCH WIXTED**

MAY 11, 18, JUNE 1, 8, 15, 22 | 2:30 - 3:30 P.M.

ZOOM

Utilizing a chair in seated and standing poses allows you to explore movement with confidence and stability. Through mindful breath work, you'll find a renewed sense of peace and energy.

LOST LITERARY GEMS OF THE 20TH CENTURY | \$65

6 SESSIONS WITH **RICHARD KLIN**

MAY 11, 18, JUNE 1, 8, 15, 22 | 2:30 - 4 P.M. | **ZOOM**

This class will survey five works of fiction from the 20th century that are pivotal and enduring in the literary lexicon and the culture at large—but that are largely unread by modern audiences.

CLASS LOCATION INFORMATION

OLLI host classes at several locations in the Tallahassee and PC30A areas and online via **ZOOM**, in both Eastern (EST) and Central Time Zones (**CST**).

WESTMINSTER OAKS RETIREMENT COMMUNITY:

4449 Meandering Way, Tallahassee, FL (Free parking in unnumbered spaces in the parking garage)

ALLEGRO SENIOR LIVING: 4501 W Shannon Lakes, Tallahassee, FL (Free parking in the strip center across the street)

ZOOM: Instructors will email registered members zoom link prior to class.

HYBRID: Classes will be held in-person and livestreamed via ZOOM.

TUESDAY CLASSES

A HISTORY OF SCIENCE | \$65

6 SESSIONS WITH **DARRYL A. MYERS**

MAY 12, 19, 26, JUNE 2, 9, 16 | 9:30 - 11:15 A.M.

WESTMINSTER OAKS (HYBRID)

This course covers key ideas, influential thinkers, and even the controversies behind them. We'll touch on fields like astronomy, physics, and biology, with topics shaped by your interests.

SPEAK FRENCH WITH EASE | \$65

6 SESSIONS WITH **MARGARET MCCOLLEY**

MAY 12, 19, 26, JUNE 2, 9, 16 | 9:30 - 11 A.M. | **ZOOM**

If you've always dreamed of learning to speak French but found it too fast to understand, or been frustrated in the process, this class is for you.

THE HISTORY OF GREED: FROM YOUR POCKET TO MINE | \$65

6 SESSIONS WITH **DAVID DAVIS**

MAY 12, 19, 26, JUNE 2, 9, 16 | 10 - 11:45 A.M. **ALLEGRO**

This course will trace the history of greed from King Midas to cryptocurrency and the economic meltdown of 2008. We will look at the creation of money and banking, the mechanisms that made greed extraordinarily possible.

SCIENCE FICTION AND THE MODERN WORLD | \$35

3 SESSIONS WITH **REBECCA BALLARD**

JUNE 9, 16, 23 | 12 - 1:30 P.M. | **ZOOM**

Explore how science fiction reflects our hopes and fears about society and technology. We'll survey its evolution—from early roots to today—through key works and discussion.

THE FILMS OF STEVEN SPIELBERG | \$65

6 SESSIONS WITH **MICHAEL LYONS**

MAY 12, 19, 26, JUNE 2, 9, 16 | 2:30 - 4 P.M. | **ZOOM**

This class will take a chronological look at each of the thirty-six films that Steven Spielberg has directed, from his first, "Duel," to his iconic blockbusters, such as "E.T. - The Extra Terrestrial."

FINDING RELIABLE HEALTH INFORMATION ONLINE | \$35

3 SESSIONS WITH **JULES BAILEY**

MAY 12, 19, 26 | 2:30 - 4 P.M. | **ZOOM**

Learn to find reliable, up-to-date health information online using free national resources. We'll cover evaluating sources, key topics, and asking your doctor clear questions.

UNIQUE LANGUAGES OF EUROPE | \$35

3 SESSIONS WITH **ASYA PERELTSVAIG**

JUNE 2, 9, 16 | 2:30 - 4 P.M. | **ZOOM**

Europe is home to more than 400 languages. Explore lesser-known languages while discovering the history, culture, and hidden destinations of the continent.

WHAT TO DO WITH YOUR NEXT DOLLAR: MAKE SMART MONEY CHOICES | \$15

1 SESSION WITH **ETHAN BROWN**

MAY 12 | 5:30 - 7 P.M. **CST** | **ZOOM**

We will look at different levels of emergency funds, the types of investment accounts that exist and when to use them, and the types of debt and how to manage them.

LEONARDO DA VINCI LECTURE "LEONARDO'S FORGOTTEN MASTERPIECE: THE ROOM OF KNOTS" | \$15

1 SESSION WITH **CAROLINE COCCIARDI**

JUNE 16 | 5 - 6:30 P.M. **CST** | **ZOOM**

Leonardo da Vinci's Room of Knots is a stunning, little-known masterpiece. This lecture explores its intricate designs, digital restoration, and the hidden connections to Leonardo's work.

AMERICA'S 250TH ANNIVERSARY 1776-2026

HONORING 250 YEARS OF THE AMERICAN FLAG: PROTOCOL, PRIDE, AND PROPER DISPLAY | \$15

1 SESSION WITH **SUSAN H. LAWSON**

THURSDAY, JUNE 11 | 5:30 - 7 P.M. **CST** | **ZOOM**

Celebrate America's semi quincentennial with a timely and informative exploration of the traditions surrounding our nation's most iconic symbol.

WEDNESDAY CLASSES

WHERE NARRATIVES INVOLVING GAZA, UKRAINE, IRAN, VENEZUELA, CUBA & NATO MAY CROSS | \$65

6 SESSIONS WITH **MARK SCHLAKMAN**

MAY 13, 20, 27, JUNE 3, 10, 17 | 9:30 - 11:15 A.M.

WESTMINSTER OAKS (HYBRID)

Explore key issues through critical analysis—identifying implications and examining them within legal, diplomatic, national security, and human rights frameworks.

HOW DID THEY BUILD THAT? ANCIENT WONDERS

\$65 | 6 SESSIONS WITH **MICHAEL FURMAN**

MAY 13, (SKIP 20TH) 27, JUNE 3, 10, 17, 24

1:30 - 3:15 P.M. | **ALLEGRO**

In this course, we explore the construction, function, and meaning of monumental structures of the ancient world.

THE OSCAR SHORT FILMS AND WHY WE CELEBRATE THEM | \$65

6 SESSIONS WITH **REBECCA PETERS**

MAY 13, 20, 27, JUNE 3, 10, 17 | 2 - 3:45 P.M.

WESTMINSTER OAKS

Explore Oscar-nominated short films across documentary, fiction, and animation. We'll discuss themes, techniques, and the art of short film-making.

SPANISH TRAVEL MADE EASY | \$25

2 SESSIONS WITH **KRISTIN GIBSON**

MAY 13, 20 | 5 - 6:30 P.M. **CST** | **ZOOM**

In this course, we will discuss terms related to travel and basic grammar. We will also practice with partners to improve your language learning.

THURSDAY CLASSES

GENTLE YOGA AND MOVEMENT | \$35

3 SESSIONS WITH **MARNEY RICHARDS**

MAY 14, 21, 28 (SESSION 1) **JUNE 4, 11, 18** (SESSION 2)

9:30 - 10:30 A.M. | **DRAGONFLY STUDIO**

Explore basic yoga poses done seated in chairs and standing with chair support for balance.

BEETHOVEN DURING THE AGE OF NAPOLEON

(1803-1814) | \$35

3 SESSIONS WITH **RICHARD BOBO**

MAY 14, 21, 28 | 9:30 - 11:15 A.M. | **WESTMINSTER OAKS**

The class will study three of Beethoven's most impactful compositions during the middle phase of his career which reflect a keen awareness of Napoleon's successes and failures.

THE BUSY WORLD OF BEES, BUTTERFLIES & OTHER POLLINATORS | \$35

3 SESSIONS WITH **DANIELLE TAYLOR**

JUNE 4, 11, 18 | 9:30 - 11:15 A.M. | **WESTMINSTER OAKS**

Explore bees, butterflies, hummingbirds, and more—who they are, why they matter, and how to support them in your own backyard.

FOOTBALL 101: THE BASICS | \$65

6 SESSIONS WITH **JAN BROWN**

MAY 14, 21, 28, JUNE 4, 11, 18 | 2 - 3:45 P.M.

WESTMINSTER OAKS

This course explains the basics plus NIL and the transfer portal. Includes a possible field trip to FSU football facilities.

SCAMS, TRAFFICKING, AND YOUR MONEY: STAYING SAFE IN A DIGITAL WORLD

1 SESSION WITH **LAURIE LAWRENCE**

THURSDAY, MAY 21 | 5:30 - 7 P.M. **CST** | **ZOOM**

This class uncovers how modern digital scams operate, how some are tied to global trafficking networks, and what really happens inside the hidden world of “scam camps.”

THE SCIENCE OF RESILIENCE AND AGING WELL

1 SESSION WITH **MILES TAYLOR**

THURSDAY, JUNE 18 | 5:30 - 7 P.M. **CST** | **ZOOM**

Explore how resilience supports healthy aging across physical, mental, and social domains, helping maintain function and well-being despite life's challenges.

ZOOM LECTURE SERIES

AUGUST 3 - 7 (FREE TO MEMBERS | \$10 GUEST)



KNOCK KNOCK: FOX SISTERS AND MODERN AMERICAN SPIRITUALISM

WITH **LINDA SCHUYLER FORD**

In 1848, mysterious “raps” in a New York farmhouse launched a global spiritualist movement. Come explore the Fox sisters, Victorian séances, and the rise of belief in communicating with the dead.



HOW TO PROTECT YOURSELF FROM YOUR COMPUTER WITH **MARC-ANTHONY ARENA**

Most tech problems, costs, and e-waste are preventable. This lecture explains IT in plain English—covering security, devices, and practical ways to save money and simplify technology.



END-OF-LIFE DOULAS & HOW THEY HELP WITH **RIMA NATHAN**

End-of-life doulas provide non-medical support to individuals and families during serious illness and the dying process. This course explains who they are, what they do, and how they complement medical and legal professionals.

HOW TO REGISTER

Registration for OLLI membership opens on **April 20 at 10 a.m. EST**, with the courses starting **May 11**. If you do not have an OLLI account, you can register at anytime online. **There are three ways you can register** (please note we **cannot** take payment over the phone or by email):



ONLINE
OLLI.FSU.EDU



CALL
850-644-8115 OR 850-644-3520



EMAIL
OLLI@FSU.EDU

CLASS HOST TRAINING

Class Hosts help welcome students, support instructors, take attendance, and share important announcements for in-person classes. It's a great way to stay engaged and support the OLLI community. Interested or want more information?

Contact 1217vjholley@gmail.com.

SUMMER TRAINING: THURSDAY, MAY 7 | 10 - 11 A.M.

OLLI.FSU.EDU