



FALL Showcase

SEPTEMBER 9 | 1 - 3 PM
TURNBULL CONFERENCE CENTER

FALL 2026

COURSE & ACTIVITY CATALOG



FSU

TALLAHASSEE • PANAMA CITY 30A

Celebrating
1991 - 2026
35
YEARS
of Lifelong Learning

Learn More:

olli.fsu.edu

Advisory Council President

Kent Putnam

Greetings, fellow OLLI members and prospective members.

I am very pleased and honored to have been chosen to serve as your President for the 2026-27 academic year.

Our OLLI chapter is in the midst of celebrating 35 years of service and carries with it a tradition of excellence that continues to this day. With our classes, activities, travel, social events, and more, we enrich the lives of our members and give back to our community, both directly and indirectly. Please consider giving some of your time to help make it happen. Volunteers are the engines that drive the OLLI train.

As we move forward through my term, I look forward to meeting many of you, getting your feedback and input on our programs and hearing your suggestions on how we can make OLLI at FSU even better.

Sincerely,



Kent Putnam

Kent Putnam
OLLI Advisory Council
President
2026-2027

Want More Information?

Information for OLLI staff, advisory councils, and committee chairs for both Tallahassee and PC30A, along with full course descriptions, instructor biographies, class size limits, mobility requirements, room numbers, and more can be found at olli.fsu.edu. Course dates or times may have changed since this catalog was printed; the website contains the most accurate and up-to-date information. For verification, please contact olli@fsu.edu.

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Tallahassee
PC30A

WELCOME TO OLLI

A vibrant community of curious adults who share a love of lifelong learning.

The Osher Lifelong Learning Institute at Florida State University offers hundreds of non-credit classes, lectures, clubs, activities, travel opportunities, and special events each year. No tests. No homework. Just the joy of learning!

Whether you're joining us in person or online, we're glad you're here.



BECOME A MEMBER

Your membership includes



Non-credit courses and lectures



Clubs, activities, and social events



Local, domestic, and international travel



In-person and Zoom learning



Weekly updates on news and events



Volunteer and leadership opportunities

SUPPORT OLLI

Your support helps OLLI continue providing engaging courses, enriching experiences, and scholarship opportunities for lifelong learners. Every gift makes a difference.

SCAN to
learn more



MEET THE TEAM

OLLI STAFF



Debra Herman
Executive Director
dhermand@fsu.edu



Stefanie Hartsfield
Program Coordinator
sk08g@fsu.edu



Mary Beth Trifiletti
Business Associate
met22f@fsu.edu

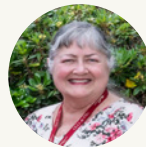


Susan Lawson, PhD
PC30A Coordinator
shlawson@fsu.edu

ADVISORY COUNCIL EXECUTIVE TEAM



Kent Putnam
President



Vicki Holley
First Vice President



Cindy Foster
Second Vice President

MEMBER REPRESENTATIVES

Member representatives are available to answer questions, introduce you to other members, and help you make the most of your OLLI experience.

Bob Bass

Leslie Cahn

David Norman

Rose Goodman

**Laura Morris
(RH)**

**MaryAnne Price
(WO)**



WE'RE HERE
TO HELP.



(850) 644-3520
(850) 644-8115



olli@fsu.edu



olli@fsu.edu

GETTING STARTED

Everything you need to know to begin your OLLI experience.



MEMBERSHIP & REGISTRATION *opens September 1*

ANNUAL MEMBERSHIP

\$95

Valid through
Aug. 31, 2027

SEMESTER MEMBERSHIP

\$60

Valid through
Dec. 31, 2026

Once you've purchase a membership, you will be able to register for courses, lectures, and activities beginning **September 11.**



NEW TO OLLI? MAKE THE MOST OF YOUR MEMBERSHIP

- ✓ Attend the Fall Showcase (see page 8).
- ✓ Register early - popular classes fill quickly.
- ✓ Read your weekly OLLI e-blast for updates and special events.
- ✓ Get involved - Attend activities and join a club to build lasting connections.

TWO CAMPUSES *many ways to learn*



TALLAHASSEE

Courses offered at the FSU Campus and surrounding community.



PC30A

Courses offered at the Panama City Campus and other partner locations.



ONLINE

Join courses on Zoom from anywhere.



NEW MEMBERS *and old friends*

First-time members and returning members who haven't been with OLLI since before 2021 receive:

\$65

Off a class with an
annual membership

\$35

Off a class with a
semester membership

Refer a Friend - When your referral joins OLLI as a new member, you'll receive 50% off one class!



COURSE KEY

Look for these codes and symbols throughout the catalog to quickly identify how a course is offered and where it takes place.

COURSE LOCATIONS		COURSE FORMAT
ALG ALLEGRO SENIOR LIVING CHAPEL 4501 W Shannon Lakes, Tallahassee, FL <i>Parking in plaza across the street.</i>	PC30A PANAMA CITY CAMPUS (FSU) 4750 Collegiate Dr, Panama City, FL <i>Park in any unreserved parking space</i>	 ZOOM Attend online from anywhere.
CLC CHALLENGER LEARNING CENTER 200 S Duval St., Tallahassee, FL <i>Validate parking at Klemen Plaza Garage.</i>	OHI OHANA INSTITUTE 12805 U.S. 98 East, Inlet Beach, FL <i>Onsite parking available.</i>	 HYBRID Attend either in-person or online.
CPB CLAUDE PEPPER BUILDING (FSU) 636 W Call St, Tallahassee, FL <i>Parking passes available.</i>	TPI TEMPLE ISRAEL 2215 Mahan Dr, Tallahassee, FL <i>Park in the grassy area North side of bldg.</i>	 IN-PERSON Attend at the listed location.
RBB ROVETTA BUSINESS BUILDING (FSU) 821 Academic Way, Tallahassee, FL <i>Parking passes available.</i>	WO WESTMINSTER OAKS MAGUIRE CENTER 4449 Meandering Way, Tallahassee, FL <i>Parking in un-marked spots in garage.</i>	 SCAN To learn more.

HOW TO REGISTER

Registration for OLLI membership opens on **September 1 at 10 a.m. EST**, with the course and activity registration opening on **September 11**. If you do not have an OLLI account, you can create one online at anytime online.

There are three ways you can register (please note we **cannot** take payment over the phone or by email):



ONLINE
OLLI.FSU.EDU



CALL
850-644-8115
850-644-3520



EMAIL
OLLI@FSU.EDU

MEMBERSHIP

Semester Only

\$60 (expires Dec. 30, 2026)

Annual Membership

\$95 (expires Aug. 31, 2027)

To register:

1. Sign in or create an account
2. Click "Add a Membership" under "OLLI Extras"
3. Add to cart and complete checkout

You must purchase a membership before classes and activities will appear in your cart.

REGISTERING FOR CLASSES

Once membership is in your cart:

1. Browse the Classes & Lectures section
2. Choose your subject area
3. Add individual classes to your cart

Panama City 30A Classes

1. Select the PC30A Courses category
2. Add your class to the cart as usual

ACTIVITIES, CLUBS, AND MORE

These may include additional fees or are free with membership.

1. Find them under "OLLI Extras"
2. Select your activity, click "Add to Cart" and check out

*All activities require online registration—even for free events.
Fees may be refundable upon request.*

PAYMENT METHODS

1. **Online credit card** MC, VISA, AMEX, Discover
2. **Check** made payable to **Florida State University** and mailed to:
OLLI at FSU
636 W Call St
Tallahassee, FL 32306-1121



SCAN
to login or join

ZOOM LECTURE SERIES



The Fall Zoom Lecture Series is **FREE** for all members and, as a special celebration of *OLLI's 35th Anniversary*, guests are also invited to attend at no charge this semester. Register online at **olli.fsu.edu** to receive the Zoom link on the day of each lecture.

KNOCK, KNOCK: THE FOX SISTERS AND MODERN AMERICAN SPIRITUALISM



with **LINDA SCHUYLER-FORD**

MONDAY, Sept. 28 | 1 - 2:30 PM

In 1848, mysterious "raps" in a New York farmhouse launched the Spiritualism movement. Explore the story of the Fox sisters and how a childhood prank sparked a worldwide fascination with séances and the supernatural.



MYTH BUSTING AFRICAN ART with **COURNAY MICOTS**

TUESDAY, Sept. 29 | 2 - 3:30 PM

Explore the rich diversity of African art while challenging common misconceptions. Learn how myths about style, materials, and cultural traditions developed and discover the fascinating reality behind African artistic expression.



BEHIND THE SCENES AT THE NORTH FLORIDA WILDLIFE CENTER with **SCOTT JONES**

WEDNESDAY, Sept. 30 | 1 - 2:30 PM

Learn about the North Florida Wildlife Center's mission, wildlife rehabilitation efforts, and volunteer opportunities. This lecture introduces the accompanying field trip for a behind-the-scenes look at the Center.

HEALTH AND WELLNESS LECTURE PRESENTED BY



An Independent Licensee of the Blue Cross and Blue Shield Association



LIVING WELL DAY-TO-DAY: MIND, BODY & SOCIAL CONNECTION with **DR. CIELO ROSE**

THURSDAY, October 1 | 1 - 2:30 PM

Discover how lifestyle, medicine, prevention, resilience, and the power of social connection, purpose, and engagement contribute to better health, well being, and healthy aging.

TRAVEL AT A GLANCE



OLLI membership opens the door to enriching travel experiences, offering members the opportunity to explore destinations near and far while learning and connecting with fellow lifelong learners. Visit olli.fsu.edu/olli-travel to read our Travelogue of places visited, sights seen and memories made!

PARIS: THE UNFINISHED CITY (Study Abroad)

📅 Apr. 17 — 24, 2027 | 8 Days



Experience Paris beyond the postcards. Explore how the city is reinventing itself through conversations with local innovators, chefs, historians, and urban planners. Enjoy a relaxed itinerary with flat terrain, light walking, small groups (15–24), and free time to explore. Led by Dr. Craig Vezina, former Dean of the American School of Paris, with more than 27 years of experience living and working in Paris.

REGISTRATION INFO POSTED ONLINE WHEN AVAILABLE

UTAH'S MIGHTY FIVE AND THE ROCKIES

📅 May 10 — 18, 2027 | 9 Days



Take an awe-inspiring train trip from Denver to Moab aboard Canyon Spirit, and trek across the Southwest as you take in the sienna-colored canyons, towering spires, and desert landscapes found in Utah's five national parks. Explore the kaleidoscope of colors found in America's rocky western landscapes.

REGISTER BY NOV. 30, 2026

ALPINE LAKES & SCENIC TRAINS

📅 Jul. 31 — Aug. 10, 2027 | 10 Days



Journey through the breathtaking Alps of Switzerland and Italy aboard the legendary Glacier Express and Bernina Express. Stay in iconic destinations including Zermatt, St. Moritz, Lake Maggiore, and Lucerne, and ascend Mount Pilatus on the world's steepest cogwheel railway for unforgettable Alpine views.

REGISTRATION INFO POSTED ONLINE WHEN AVAILABLE

CLUBS



OLLI clubs are a great way to gather with fellow members in the Tallahassee area who share your passions and interests—all in a relaxed, social setting.

Register online for any clubs that interest you, and reach out to club coordinators to be added to their email lists and stay in the loop.

RECREATION

BOWLING CLUB

- 📅 Fridays | ⌚ 1 – 3 p.m.
- 📍 Capital City Lanes
- 📎 \$8 covers 3 games + shoes
- ✉ dedudette@gmail.com

BUNCO CLUB

- 📅 Monthly
- 📍 Various locations
- 📎 Beginners welcome
- ✉ beverlyfr@comcast.net

MAHJONG CLUB

- 📅 Wednesdays | ⌚ 2 – 4 p.m.
- 📍 Courtyard Cafe & Games
- 📎 \$5 drop-in fee
- ✉ catherinebirdsong@gmail.com

PICKLEBALL CLUB

- 📅 Two 90 minute court dates per week
- 📎 Location, day, and time vary week-to-week
- ✉ betsywood100@gmail.com

WALKING CLUB

- 📎 Meets several times a week and walk various trails around town.
- ✉ 1217vjholley@gmail.com

SHARED INTEREST

CLUB ESPAÑOL

- 📅 Fridays
- ⌚ 11 a.m. – 12 p.m.
- 📍 Red Hills Resort
- 📎 Lunch once a month
- ✉ startrek1330@gmail.com

FRENCH CLUB

- 📅 Fridays | ⌚ 12 – 1 p.m.
- 📍 Alliance Française
- 📎 Refreshments provided
- ✉ memcco@gmail.com

LUNCH DISCUSSION ROUNDTABLE

- 📅 Every other Friday
- ⌚ 11:30 a.m. – 1:30 p.m.
- 📍 Red Elephant Grill & Bar
- 📎 Limited to 10 members
- ✉ bryant.bill@gmail.com

MEN'S GROUP

- 📅 Every other Friday
- ⌚ 11:30 a.m. – 1 p.m.
- 📍 TBD
- ✉ alarconfj@yahoo.com

MONDAY BOOK CLUB

- 📅 2nd Monday
- ⌚ 11 a.m. to 12:30 p.m.
- 📍 Leon County Main Library
- 📎 Reading list posted online
- ✉ lgormin@fsu.edu

PHOTOGRAPHY CLUB

- 📅 3rd Thursday
- ⌚ 5 p.m.
- 📍 Red Hills Resort
- 📎 Monthly photo field trips
- ✉ hobesound@comcast.net

TRAVEL CLUB

- 📅 Meets several times a year to discuss upcoming trips
- 📎 Guests welcome!
- ✉ dherman@fsu.edu

WEDNESDAY BOOK CLUB

- 📅 2nd Wednesday
- ⌚ 3 – 4:30 p.m.
- 📍 Westminster Oaks Pool House
- 📎 Reading list posted online
- ✉ ollibookclub@gmail.com

SOCIAL

M.I.N.G.L.E. WITH OLLI

- 📅 1st and 3rd Tuesdays
- ⌚ 4 - 5:30 p.m.
- 📎 Guests welcome!
- ✉ mvandendooren@comcast.net

WEDNESDAYS WITH OLLI

- 📅 Wednesdays | ⌚ 5 p.m.
- 📎 Guests welcome!
- ✉ gethappyolli@gmail.com

ACTIVITIES

OLLI at FSU offers educational outings, local workshops, and regional tours designed to spark curiosity and connection. These events are a great way to explore new topics while getting to know your fellow OLLI classmates!

For complete program information, including exact locations, detailed descriptions, and contact information, refer to the online catalog at olli.fsu.edu.



FALL Showcase

SEPTEMBER 9 | 1 - 3 P.M.

TURNBULL CONFERENCE CENTER



TALK TO STUDENTS & LEADERSHIP
about what OLLI has to offer.



HEAR FROM INSTRUCTORS
as they give a brief overview of their courses.



EXPLORE CLUBS, ACTIVITIES & MORE!
Find new ways to connect, socialize, and grow.



REFRESHMENTS AVAILABLE
Enjoy light refreshments while you explore.

This is a fun and informative event
YOU DON'T WANT TO MISS!



**FREE PARKING IN GARAGE -
LOOK FOR ATTENDANTS**

TALLAHASSEE SYMPHONY ORCHESTRA - REHEARSAL

SATURDAY, Sept. 12 | ⌚ 10 a.m. - 12:30 p.m.
FREE | 📍 Ruby Diamond Auditorium
Register by **9/11** | **MAX** 20

SCARECROWS IN THE GARDEN - PLANNING SESSION

SATURDAY, Sept. 12 | ⌚ 10:30 a.m. - 12:30 p.m.
FREE | 📍 Tom Eaton's home
Register by **9/11** | **MAX** 8

SUSTAINABILITY CERTIFICATION TRAINING

MONDAY, Sept. 14 | ⌚ 9 a.m. - 12 p.m.
FREE | 📍 1907 S Monroe St
Register by **9/11** | **MAX** 50

GREEK ORTHODOX CHURCH TOUR

TUESDAY, Sept. 15 | ⌚ 11 a.m. - 12 p.m.
FREE | 📍 1645 Phillips Rd
Register by **9/11** | **MAX** 25

AMAZON FULFILLMENT CENTER TOUR

WEDNESDAY, Sept. 16 | ⌚ 8 - 10 a.m.
FREE | 📍 2635 Vineland Dr
Register by **9/12** | **MAX** 30

FLIPPIN GREAT PINBALL - PLAY!

THURSDAY, Sept. 17 | ⌚ 4 - 6 p.m.
\$10+tax | 📍 632 Railroad Square
Register by **9/13** | **MAX** 20

SOUTHERN SHAKESPEARE BAR(D) CRAWL

 **MONDAY**, Sept. 18
 7:30 - 9:30 p.m.
 \$45 |  The Monroe
 Register by **9/13** | **MAX** 20



FUSED GLASS ART- MAKE IT!

 **TUESDAY**, Sept. 22
 1:30 - 3:30 p.m.
 \$45 |  Eklekticity Art Studio
 Register by **9/13** | **MAX** 12

DOG ISLAND - DAY TRIP

 **WEDNESDAY**, Sept. 23 |  8 a.m. - 4 p.m.
 \$35 |  Carabelle, FL
 Register by **9/20** | **MAX** 24

PICKLEBALL CLUB PREVIEW: BEGINNERS SESSION

 **THURSDAY**, Sept. 24 |  9 - 11 a.m.
 \$20 |  Northside Community Center
 Register by **9/13** | **MAX** 18

PICKLEBALL CLUB PREVIEW: SKILL BUILDER SESSION

 **THURSDAY**, Sept. 24
 11 a.m. - 1 p.m.

\$20 |  Northside Community Center
 Register by **9/13** | **MAX** 18

HYPERTUFA PLANTER - MAKE IT!

 **FRIDAY**, Sept. 25 |  10 a.m. - 12 p.m.
 \$35+ entry |  Maclay Gardener Cottage
 Register by **9/13** | **MAX** 12

DINNER AND A MOVIE

 **SATURDAY**, Sept. 26 |  5 - 8 p.m.
FREE |  Vicki Holley's home
 Register by **9/13** | **MAX** 8

AMAZON FULFILLMENT CENTER TOUR

 **TUESDAY**, Sept. 29 |  8 - 10 a.m.
FREE |  2635 Vineland Dr
 Register by **9/20** | **MAX** 30

BLIND BOOK EXCHANGE & PUMPKIN DECORATING

 **TUESDAY**, Sept. 29 |  5 - 7 p.m.
FREE |  Chris Aron's home
 Register by **9/20** | **MAX** 12

SCARECROWS IN THE GARDEN - BUILDING SESSION

 **WEDNESDAY**, Sept. 30
 10:30 a.m. - 12:30 p.m.
FREE |  Tom Eaton's Carport & Driveway
 Register by **9/20** | **MAX** 8

SCARECROWS IN THE GARDEN - INSTALLATION

 **THURSDAY**, Oct. 1
 10:30 a.m. - 12:30 p.m.
FREE |  Maclay Gardens
 Register by **9/20** | **MAX** 8

CHUNKY KNIT BLANKET - MAKE IT!

 **FRIDAY**, Oct. 2 |  10 a.m. - 1 p.m.
\$99 STARTING PRICE |  AR Workshop
 Register by **9/27** | **MAX** 8

NORTH FLORIDA WILDLIFE TOUR

 **SATURDAY**, Oct. 3 |  9 - 10:30 a.m.
 \$20 |  Lamont, FL
 Register by **9/30** | **MAX** 20

M.I.N.G.L.E. WITH OLLI: SEMESTER KICKOFF

 **TUESDAY**, Oct. 6 |  4 - 5:30 p.m.
FREE |  The Monroe
 Register by **10/04** | **MAX** 30

GADSDEN ART CENTER & MUSEUM TOUR

 **FRIDAY**, Oct. 9 |  10 - 11 a.m.
 \$5 non-member | Register by **10/04** | **MAX** 20

KAYAK AT FSU LAKEFRONT PARK (THE REZ)

 **FRIDAY**, Oct. 16 |  10 a.m. - 1 p.m.
 \$26.25 |  FSU Lakefront Park
 Register by **10/04** | **MIN** 10 **MAX** 20

NATURE WALK IN LAKE TALQUIN STATE PARK

 **SATURDAY**, Oct. 17 |  10 a.m. - 12 p.m.
FREE |  Jack Vause Landing Rd
 Register by **10/11** | **MAX** 30

DANCE THE EAST COAST SWING - LESSON #1

 **THURSDAY**, Oct. 22

 6 - 7:30 p.m.

\$5 |  Senior Center

Register by **10/18** | **MAX** 20



FSU MARINE LAB AND BEACH WALK

 **FRIDAY**, Oct. 23 |  10 a.m. - 1 p.m.

\$31 |  St. Teresa, FL

Register by **10/11** | **MIN** 10 **MAX** 25

MOON OVER MACLAY CONCERT

 Sunday, Oct. 25 |  6 - 10 p.m.

\$30 | Register by **10/18** | **MAX** 20

DANCE THE EAST COAST SWING - LESSON #2

 **FRIDAY**, Oct. 29 |  6 - 7:30 p.m.

\$5 |  Senior Center

Register by **10/25** | **MAX** 20



BOWLING WITH THE OLLI CATS

 **FRIDAY**, Oct. 30

 1 - 3:30 p.m. | \$8

 Capital Bowling Lanes

Register by **10/25** | **MAX** 16

DINNER PARTY - IMMERSIVE MYSTERY GAME

 **SATURDAY**, Oct. 31 |  5 - 8 p.m.

FREE |  Carol Henderson's home

Register by **10/18** | **MAX** 7

SCARECROWS IN THE GARDEN - PICK UP

 **MONDAY**, Nov. 2

 10:30 a.m. - 12:30 p.m.

FREE |  Maclay Gardens

Register by **10/25** | **MAX** 8

SECOND HARVEST - VOLUNTEER!

 **FRIDAY**, Nov. 6 |  1 - 3 p.m.

FREE |  4446 Entrepot Blvd

Register by **10/25** | **MAX** 15

ROMEO & JULIET: 55-MINUTES, 5 ACTORS

 **FRIDAY**, Nov. 6 |  7:30 - 8 p.m.

\$19.75 |  Goodwood Museum & Gardens |

Register by **10/25** | **MAX** 20

HIKE CATHEDRAL OF PALMS TRAIL

 **SATURDAY**, Nov. 7 |  9 - 11 a.m.

FREE |  Florida Trail Spring Creek Hwy Trailhead

Register by **11/01** | **MAX** 20

HAZARDOUS WASTE TOUR - LEON COUNTY

 **FRIDAY**, Nov. 13 |  10 - 11:30 am

FREE |  Leon County Hazardous Waste Facility

Register by **11/01** | **MAX** 20

WEAVE WITH WILLOW - MAKE IT!

 **SATURDAY**, Nov. 14 |  10 a.m. - 1 p.m.

\$71.20 |  Keller Williams Real Estate Office

Register by **10/25** | **MAX** 20

TALLAHASSEE COMMUNITY CHORUS FALL CONCERT

 **SUNDAY**, Nov. 22 |  3 - 6 p.m.

\$23 |  Ruby Diamond

Register by **10/30** | **MAX** 20



The K-12 Outreach Center for
the FAMU-FSU College of Engineering

HOSTED IN PARTNERSHIP WITH THE CHALLENGER LEARNING CENTER.

SILVER SCREENERS: DOCUMENTARY SCREENING & WORKSHOP

 **TUESDAY**, Oct. 13 |  2:30 p.m.

\$10 | Enjoy a screening of the Silver Screeners documentary followed by an engaging workshop.

THE REAL DA VINCI CODE

 **TUESDAY**, Oct. 20 |  2:30 p.m.

\$8 | Experience The Real Da Vinci Code narrated by Caroline Cocciardi in the Challenger Learning Center's full-dome planetarium.



INVEST IN *Lifelong Learning*

HELP US CELEBRATE 35 YEARS OF LEARNING, CONNECTION, AND COMMUNITY.

For 35 years, OLLI at Florida State University has enriched the lives of nearly 1,000 active adults each year through educational programs, lectures, travel, clubs, and community engagement. Sponsorships help make these experiences possible while connecting your organization with one of the region's most engaged and active audiences.

WHY INVEST IN OLLI?

- ✓ Reach nearly 1,000 engaged adults
- ✓ Align your organization with Florida State University
- ✓ Demonstrate your commitment to education and healthy aging
- ✓ Receive recognition throughout our anniversary celebration and beyond



JOIN THE ORGANIZATIONS INVESTING IN THE FUTURE OF LIFELONG LEARNING.

Our 2026 premium sponsors are recognized on the back cover.

Learn more at

olli.fsu.edu/ways-to-give-back
or scan the QR code



Premium sponsorships, community partnerships,
and Friends of OLLI opportunities are available.



1991 - 2026
35th
ANNIVERSARY

Gala

at the **DUNLAP CHAMPION'S CLUB**

Presented by
Our Gold Sponsor



Capital Health
PLANSM
An Independent Licensee of the Blue Cross and Blue Shield Association



Join us for an unforgettable evening of great food, entertainment, and celebration as we honor 35 years of lifelong learning at Florida State University.

Wednesday, December 2, 2026

MEMBER TICKET PRICING

EARLY BIRD

SEPT. 1 - SEPT. 30

INDIVIDUAL TICKET

\$79

STANDARD

BEGINNING OCT. 1

INDIVIDUAL TICKET

\$89



Guest tickets of \$114 will be made available after Oct. 1.



5:00 PM

RECEPTION & COCKTAIL HOUR

Sponsored by

FSU

**COLLEGE
OF MUSIC**



Location, Liveability & Lifestyle!



6:30 PM

ANNIVERSARY CELEBRATION

Hosted by

Broadway Actor &
OLLI Instructor

**NICK SANTA
MARIA**



Featuring



Member tickets go on sale

September 1

Learn more at olli.fsu.edu or scan the QR code

SCHEDULE AT A GLANCE

MONDAY

THE LIFE AND TIMES OF LITERARY FAVORITES - PART II

9:30 AM | Lauren Radick

ESPAÑOL 1.5 ¡VAMOS MAS ALTO!

 ALS 10 AM | Laura Morris

BREATHWORK & CHAIR YOGA: LIVING MINDFULLY

12 PM | Lisa Wixted

CLASSICAL MUSIC VIRTUOSOS

12 PM | Emanuel Abramovits

THE WORLD-RENOWNED PASSION PLAY IN THE BAVARIAN ALPS

 WO 2 PM | Toni Fuss
Kirkwood-Tucker

UNIVERSAL MONSTERS: 100 YEARS OF MOVIE TERROR

2:30 PM | Nick Santa Maria

RUSSIA IN THE EARLY 20TH CENTURY: BELLE EPOQUE OR REVOLUTIONARY CROSSROADS?

 2:30 PM | Asya Pereltsvaig

HEY! ARE YOU LISTENING TO ME?

3 PM CDT | Sandra Halvorson

 For exact dates, times, locations, session counts, and details, see the Zoom and in-person schedule sections of this catalog.

TUESDAY

ART IN CAPTIVITY: JAPANESE INCARCERATION CAMPS IN WWII

 9:30 AM Denny Kato

IMPRISONED WITHOUT TRIAL: JAPANESE INCARCERATION IN WWII

9:30 AM Denny Kato

ROMA AETERNA (ETERNAL ROME)

 9:30 AM Michael T. Kinnicutt

WOMEN WRITERS OF PROVENCE

 WO 9:30 AM | Maggie McColley

GENTLE YOGA AND MOVEMENT

 10 AM | Marney Richards

KNOW YOUR RIGHTS AS YOU AGE

 ASL 10 AM | Rima Nathan

THE AMERICAN REVOLUTION FROM BRITAIN

12 PM | Eoin Devlin

MELTDOWN EXPECTED—THE END OF THE 1970S

12 PM | Aaron J. Leonard

THE GRINCH: FROM PAGE, TO SCREEN, TO HOLIDAY ICON

2:30 PM | Michael Lyons

PUNDITS, POLLS AND POLITICS! THE 2026 MID-TERM ELECTION!

 2:30 PM | Doug Stowell

REVIEW OF TO KILL A MOCKINGBIRD

  OHI 5 PM CDT | Liz Wilson

WEDNESDAY

THE MEDIEVAL ROMAN EMPIRE

 WO 9:30 AM | Matthew Lupu

EXPERIENCE FLORIDA HISTORY THROUGH TALLAHASSEE'S HISTORIC SITES

 9:30 AM | John Grandage

PHOTOGRAPHY FOR EVERYONE

 CPB 9:30 AM | Bob O'Lary

DEMOCRACY AND JIMMY BUFFETT

 CPB 9:30 AM | Nelson Easterling

SHORT FILMS: ANALYSIS AND PRODUCTION CPB

9:30 AM | Rebecca Peters

QI GONG FOR WELL-BEING ASL

1:30 PM | Bettina Steinbock

PIANO FOR PLEASURE: GROUP LESSONS FOR LIFELONG LEARNERS

 RBB 12 PM | Kren Fernandes

INTRODUCTION TO JAPANESE LANGUAGE AND CULTURE:

HISTORY AND SIGHTSEEING DESTINATIONS  CPB 12 PM | Tazumi Otsuka Scarce

HISTORY OF LEON COUNTY: WORLD WAR II TO THE PRESENT

  CPB 12 PM | David Proctor

INTERMEDIATE FRENCH CONVERSATION CPB

12 PM | Maggie McColley

SCHEDULE AT A GLANCE

WEDNESDAY

ARCHITECTURE IN THE USA 📍WO
2 PM | Arleen Pabon

ESPAÑOL 2.5: ARriba Y ARriba
📍CPB 2:15 PM | Laura Morris

GENTLE GIANTS AND TURTLES OF THE SEA 📍CPB 2:15 PM | Becca Nishida

BETTER LIVING THROUGH AI TOOLS
📍📍CPB 2:15 PM | Randi Atwood

THE SECRET LIVES OF STARS PART I
📍📍CLC 2:30 PM | Savannah Caldwell

BRITISH SHIPWRECKS OF PENSACOLA 📺 5:30 PM CDT | Della Scott-Ireton

PUBLIC ENEMIES: AMERICAN CRIMINALS IN THE 1930'S
📍📍OHI 5:30 PM CDT | Jay Thomas

CPR/AED CERTIFICATION COURSE
📍PCFSU 5:30 PM CDT | Mike Davis

FRIDAY

ADVENTURES IN MARINE ECOLOGY
📍 8:30 AM | Todd Bevis

NATURE'S PALETTE 📍📍OHI
5 PM | Ann Hempel

SATURDAY

BACKYARD BIRDING AND BEYOND
📍 9 AM | Sunny Phillips

THURSDAY

A HISTORY OF SCIENCE - PART 2
📍WO 9:30 AM | Darryl Myers

HEALTHY AGING THROUGH SCIENCE-BASED FITNESS 📍CPB
9:30 AM | Patrick M. Kelly

GREAT DECISIONS 2026 FALL DISCUSSION FORUM 📍📍CPB
9:30 AM | Mark Schlakman

287(G) & IMMIGRATION ENFORCEMENT IN FLORIDA: WHAT IT MEANS -- AND WHAT IT DOESN'T 📍📍CPB 9:30 AM | Mark Schlakman

FRENCH IMPRESSIONISM IN ART AND MUSIC 📍RHT 10 AM | Richard Bobo

ITALIAN FOR TRAVELERS
📍CPB 12 PM | Austin Wilkes

THE MARVELOUS INSECTS 📍CPB
12 PM | Walter Tschinkel

SPANISH FLORIDA CROWNS A KING 📍CPB 12 PM | Ben Gunter

INTRODUCTORY TAI CHI 📍CPB
12:15 PM | Richard Vernon

THE ART OF FLORAL DESIGN 📍
10:30 AM | Catherine Shock

HEALTHY AGING: GOLDEN YEARS OPTIMIZED 📍WO 2 PM | Dr. Cyneetha Strong

THURSDAY

SPEAKING SHAKESPEARE: VOICE, VERSE, AND THE WORLD OF THE BARD 📍WO 2 PM | James Bond

PIANO FOR PLEASURE: GROUP LESSONS FOR LIFELONG LEARNERS
📍RBB 2:15 PM | Gabriel Silva

JOURNEY THROUGH FLORIDA'S BIG BEND 📍📍CPB 2:15 PM | Doug Alderson

CLIMATE CHANGE: THE CURRENT DEBATE 📍📍CPB 2:15 PM | Patrick Love

DIVING INTO 'THE ATLANTIC'
📍CPB 2:15 PM | Dennis Moore

EVOLUTION AND HUMAN SEXUALITY - PART 2 📍📍CPB
2:15 PM | Geoff Thomas

THE POWER OF THE WORD 📍TPI
2:30 PM | Rabbi Paul Sidlofsky

YOU CAN'T TAKE IT WITH YOU: A DEEP DIVE INTO ESTATE PLANNING 📺 3 PM | Diana Simpson

MEMORY, AGING, DEMENTIA, AND YOU: WHAT EVERYONE SHOULD KNOW 📺 5:30 PM CDT | Jeanne Okon & Phil Nowicki

PURPLE MARTIN SHORT COURSE
📍📍OHI 5:30 PM CDT | Dale Cronwell

BATS IN THE BELFRY 📺 5:30 PM CDT | Demian Smith

ZOOM SCHEDULE

OLLI at FSU offers a variety of engaging online classes you can enjoy from the comfort of home. Each Zoom  class is hosted directly by the instructor, who will email participants a link before every session. Most classes are 90 minutes and are held in both Eastern Standard Time (**EST**) and Central Standard Time (**CST**), depending on the host campus location.

MONDAYS

THE LIFE AND TIMES OF LITERARY FAVORITES - PART II

3 sessions with **LAUREN RADICK**

 **MONDAY** Oct. 5, 12, 19

 9:30 – 11 a.m. **EST** | **\$35** | 

Join us as we step into the lives and worlds behind some of literature's most enduring voices. We will journey along the Mississippi River with Mark Twain during the Gilded Age, discover the imaginative landscape and powerful works of the Brontë Sisters, and immerse ourselves into the vibrant, restless world of the Lost Generation with Ernest Hemingway, F. Scott Fitzgerald, and Gertrude Stein in Paris during the Jazz Age.

CATEGORY: FILM & LITERATURE

CLASSICAL MUSIC VIRTUOSOS

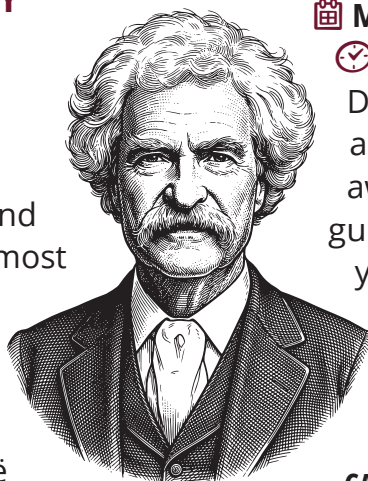
6 sessions with **EMANUEL ABRAMOVITS**

 **MONDAY** Oct. 5, 12, 19, 26, Nov. 2, 9

 12 – 1:30 p.m. **EST** | **\$65** | 

Explore the works and legacies of charismatic classical performers through anecdotes, stories, humor, and rich audiovisual examples. Focusing on pianists, violinists, cellists, and more, this course highlights musicians who redefined technique, tone, and showmanship. Featuring legends like Arthur Rubinstein, Jascha Heifetz, Lang Lang, and Itzhak Perlman, we'll examine the distinctive styles that have captivated audiences for over 150 years.

CATEGORY: ARTS & MUSIC



BREATHWORK AND CHAIR YOGA: LIVING MINDFULLY

6 sessions with **LISA FRENCH WIXTED**

 **MONDAY** Oct. 5, 12, 19, 26, Nov. 2, 9

 12 – 1 p.m. **EST** | **\$65** | 

Discover the benefits of breathwork and gentle movement to enhance awareness and well-being. Through guided breathing and chair-based yoga, you'll learn to calm, energize, and balance the body and mind—improving stability, mindfulness, and everyday movement.

CATEGORY: WELLNESS & FITNESS

RUSSIA IN THE EARLY 20TH CENTURY: BELLE EPOQUE OR REVOLUTIONARY CROSSROADS?

6 sessions with **ASYA M. PERELTSVAIG**

 **MONDAY** Oct. 5, 12, 19, 26, Nov. 2, 9

 2:30 – 4 p.m. **EST** | **\$65** | 

Explore Russia's overlooked Silver Age at the turn of the 20th century—a time of cultural brilliance and political upheaval marked by three revolutions. This course examines the forces that shaped this era and traces Russia's path from Tolstoy and Dostoyevsky to the rise of the Gulag. **CATEGORY: HISTORY & SOCIAL SCIENCE**



UNIVERSAL MONSTERS: 100 YEARS OF MOVIE TERROR

5 sessions with **NICK SANTA MARIA**

📅 **MONDAY** Oct. 5, 12, 19, 26, Nov. 2

🕒 2:30 – 4 p.m. **EST** | **\$55** | 🖥️

Join film historian Nick Santa Maria as he guides you through this macabre world of Universal Monsters. You'll meet Bela Lugosi, Boris Karloff, Elsa Lanchester, Peter Lorre, Basil Rathbone, and many more. So, turn down the lights, pull up a coffin, and join us for some good horrific fun.

CATEGORY: FILM & LITERATURE



HEY! ARE YOU LISTENING TO ME?

3 sessions with **SANDRA HALVORSON**

📅 **MONDAY** Oct. 26, Nov. 2, 9

🕒 3 – 5:30 p.m. **CST** | **\$65** | 🖥️

Have you ever felt unheard in everyday conversations, from medical visits to personal relationships? Dr. Halvorson emphasizes student participation, interaction, and experiential learning. This interactive (Fun) class explores the challenges of being heard in various situations; it encourages participants to use techniques for being understood.

CATEGORY: TECHNOLOGY & PRACTICAL SKILLS

TUESDAYS

ART IN CAPTIVITY: JAPANESE INCARCERATION CAMPS IN WWII

1 session with **DENNY KATO**

📅 **TUESDAY** Oct. 6 | 🕒 9:30 – 11 A.M. **EST**

\$15 (\$10 IF COMBINED WITH 5 WEEK COURSE) | 🖥️

Explore how art became a powerful means of expression and resilience for Japanese Americans unjustly incarcerated during WWII. Gamon—endure with dignity.

CATEGORY: HISTORY & SOCIAL SCIENCE; ARTS & MUSIC

IMPRISONED WITHOUT TRIAL: JAPANESE INCARCERATION IN WWII

5 sessions with **DENNY KATO**

📅 **TUESDAY** Oct. 13, 20, 27, Nov. 3, 10

🕒 9:30 – 11 a.m. **EST** | **\$55** | 🖥️

Examine the WWII incarceration of Japanese Americans through a personal, multigenerational perspective. This course explores the policies that led to the imprisonment of over 120,000 people—most U.S. citizens—along with camp life, acts of resilience like the 442nd Regimental Combat Team, and the camps' legacy today.

CATEGORY: HISTORY & SOCIAL SCIENCE

ROMA AETERNA (ETERNAL ROME)

6 sessions with **MICHAEL T. KINNICUTT**

📅 **TUESDAY** Oct. 6, 13, 20, 27, Nov. 3, 10

🕒 9:30 – 11 a.m. **EST** | **\$65** | 🖥️

Explore the rise and legacy of ancient Rome, from its founding in 753 BCE through the republic, the empire, and the Byzantine era. This course highlights the political and military institutions, systems of governance, and influential figures that shaped one of history's most powerful and enduring civilizations.

CATEGORY: HISTORY & SOCIAL SCIENCE

THE AMERICAN REVOLUTION FROM BRITAIN

6 sessions with **EOIN DEVLIN**

📅 **TUESDAY** Oct. 6, 13, 20, 27, Nov. 3, 10

🕒 12 – 1:30 p.m. **EST** | **\$65** | 🖥️

Explore American independence from the British perspective, examining political, military, and cultural responses. This course also considers the Revolution as a civil war and its influence across Britain and the wider empire.

CATEGORY: HISTORY & SOCIAL SCIENCE



MELTDOWN EXPECTED—THE END OF THE 1970S

6 sessions with **AARON J. LEONARD**

📅 **TUESDAY** Oct. 6, 13, 20, 27, Nov. 3, 10

🕒 12 – 1:30 p.m. **EST** | **\$65** | 🖥️

Trace how the “Me Decade” gave way to the final phase of the Cold War. Focusing on 1978–1979, this course explores global crises—from Iran to Afghanistan—that reshaped world politics, using video, music, and contemporary sources to bring the era to life.

CATEGORY: ART & MUSIC; HISTORY & SOCIAL SCIENCE



PUNDITS, POLLS, AND POLITICS! THE 2026 MID-TERM ELECTION!

1 session with **DOUG STOWELL**

📅 **TUESDAY** Oct. 6 | 🕒 2:30 – 4 p.m. **EST**

\$15 | 🖥️

All 435 House seats and 35 Senate seats are up for election—along with hundreds of state and local races—yet midterm turnout lags behind presidential runs. This course examines key national issues by party, generation, and region, reviews forecasts, and engages participants in in-class polling to predict election results.

CATEGORY: POLITICAL SCIENCE & CURRENT EVENTS

THE GRINCH: FROM PAGE, TO SCREEN, TO HOLIDAY ICON

3 sessions with **MICHAEL LYONS**

📅 **TUESDAY** Oct. 27, Nov. 3, 10

🕒 2:30 – 4 p.m. **EST** | **\$35** | 🖥️

This course begins with Theodore Geisel (Dr. Seuss) and the creation of the character in his 1957 book, *How the Grinch Stole Christmas!* We'll explore how the story became a beloved TV special, examine film adaptations, and

consider the Grinch's lasting impact on the holiday season and popular culture.

CATEGORY: FILM & LITERATURE

WEDNESDAYS

PUBLIC ENEMIES: AMERICAN CRIMINALS IN THE 1930S

1 session with **JAY THOMAS**

📅 **WEDNESDAY** Nov. 4

🕒 5:30 – 7 p.m. **CST** | **\$15** | 🖥️

Explore how the turmoil of the late 1920s and early 1930s gave rise to infamous American criminals. This session compares Al Capone's Chicago outfit, the Dillinger gang, and Bonnie and Clyde—their motives, methods, and lasting impact. **CATEGORY:** HISTORY & SOCIAL SCIENCE

BRITISH SHIPWRECKS OF PENSACOLA

1 session with **DELLA SCOTT-IRETON**

📅 **WEDNESDAY** Oct. 21

🕒 5:30 – 7 p.m. **CST** | **\$15** | 🖥️

Explore Pensacola's brief British period (1763–1781) and its lasting legacy. This presentation highlights the history and archaeology of British Navy shipwrecks in Pensacola Bay and what they reveal today.

CATEGORY: HISTORY & SOCIAL SCIENCE



THURSDAYS

PURPLE MARTIN SHORT COURSE

1 session with **DALE CRONWELL**

 **THURSDAY** Oct. 8

 5:30 – 7 p.m. **CST** | **\$15** | 

Meet the Purple Martin, North America's largest swallow and a beloved, social bird now in decline. Learn about its unique habits, migration, challenges, and how you can help protect its future.

CATEGORY: SCIENCE, NATURE, & DISCOVERY

YOU CAN'T TAKE IT WITH YOU: A DEEP DIVE INTO ESTATE PLANNING

4 session with **DIANA SIMPSON**

 **THURSDAY** Oct. 15, 22, 29 and Nov 5

 3 – 5:30 p.m. **CST** | **\$45** | 

Learn the essentials of estate planning, including wills, trusts, beneficiary designations, and strategies for transferring assets. This practical course helps you make informed decisions, avoid common mistakes, and create a plan that reflects your goals.

CATEGORY: TECHNOLOGY & PRACTICAL SKILLS



MEMORY, AGING, DEMENTIA, AND YOU: WHAT EVERYONE SHOULD KNOW

2 session with **JEANNE OKON & PHIL NOWICKI**

 **THURSDAY** Oct. 15, 22

 5:30 – 7 p.m. **CST** | **\$25** | 

Explore memory, aging, and dementia through an evidence-based approach. This course covers normal cognitive changes, signs of decline, types of dementia, and practical strategies to support brain health and caregiving.

CATEGORY: HEALTH & WELLNESS

BATS IN THE BELFRY

1 session with **DEMIAN SMITH**

 **THURSDAY** Oct. 29

 5 – 6:30 p.m. **CST** | **\$15** | 

Have you ever been dive-bombed by mysterious winged creatures at twilight? You may have had an encounter with bats. These incredible animals have created wonder, trepidation, and an entire franchise of super hero movies, but they're so much more! Learn about the real-life superpowers bats have, and what to do if they decide to take up residence in your Belfry (er, attic)!

CATEGORY: SCIENCE, NATURE, & DISCOVERY



LOOK FOR THE *Hybrid* ICON
FOR IN-PERSON CLASSES AVAILABLE ON ZOOM

BECOME A CLASS HOST!

Help create a welcoming experience for all in-person classes.



WELCOME STUDENTS



SHARE ANNOUNCEMENTS



MANAGE ATTENDANCE



ASSIST THE INSTRUCTOR



TRAINING TAKES PLACE THURSDAY, OCT. 1

Contact Cindy Foster to volunteer! cindyfoster0706@gmail.com

TALLAHASSEE SCHEDULE

Enjoy the rich experience of in-person learning with classes held across Tallahassee and the Big Bend, including Florida State University, Westminster Oaks, and other local venues. Courses typically run one hour and 45 minutes and include a 15-minute break—offering time to learn, connect, and be part of a vibrant local community. Many in-person classes are also offered in a hybrid (both on Zoom and in-person) format. Look for the  symbol.

MONDAYS

ESPAÑOL 1.5 ¡VAMOS MAS ALTO!

6 sessions with **LAURA GONZALEZ MORRIS**

 **MONDAY** Oct. 5, 12, 19, 26, Nov. 2, 9

 10 - 11:45 A.m. **EST** | **\$65** |  **ASL**

This course builds on basic Spanish skills to strengthen conversation and grammar in a relaxed, interactive setting, helping you gain confidence while enjoying the language. ¡Hasta luego! **CATEGORY:** LANGUAGE & CULTURE

ESPAÑOL

THE WORLD-RENOWNED PASSION PLAY IN THE BAVARIAN ALPS

6 sessions with **TONI FUSS KIRKWOOD-TUCKER**

 **MONDAY** Oct. 5, 12, 19, 26, Nov. 9, 16

 2 - 3:45 P.m. **EST** | **\$65** |  **WO**

Southern Germany's promise to perform a play of devotion after surviving the plague led to a lasting tradition. This course explores Bavaria's culture and the evolution of the Passion Play, including its history, music, and modern interpretation.

CATEGORY: HISTORY & SOCIAL SCIENCE



TUESDAYS

WOMEN WRITERS OF PROVENCE

6 sessions with **MAGGIE MCCOLLEY**

 **TUESDAY** Oct. 6, 13, 20, 27, Nov. 10, 17

 9:30 - 11 a.m. **EST** | **\$65** |  **WO**

Explore women writers of Provence, examining how history and place shape their work. Featuring both historical and contemporary authors, this course is taught in English with some French language insights.

CATEGORY: LANGUAGE & CULTURE; FILM & LITERATURE

GENTLE YOGA AND MOVEMENT

6 sessions with **MARNEY RICHARDS**

 **TUESDAY** Oct. 6, 13, 20, 27, Nov. 3, 10

 10 - 11 a.m. **EST** | **\$65** |  **DFS**

This class, held at a local yoga studio, introduces gentle, chair-supported yoga with seated and standing movements and breathwork. The in-person setting allows for individualized guidance as participants learn to adapt practice to their abilities and promote relaxation and ease.

CATEGORY: WELLNESS & FITNESS

KNOW YOUR RIGHTS AS YOU AGE

3 sessions with **RIMA NATHAN**

 **TUESDAY** Oct. 6, 13, 20

 10 - 11:45 A.m. **EST** | **\$35** |  **ASL**

Know your rights as you age with this practical overview of key legal topics, including advance planning, long-term care, Medicare and Medicaid, and protection from financial

exploitation—featuring insights from law students at the Claude Pepper Elder Law Clinic.

CATEGORY: TECHNOLOGY & PRACTICAL SKILLS

WEDNESDAYS

DEMOCRACY AND JIMMY BUFFETT

3 sessions with **NELSON EASTERLING**

 **WEDNESDAY** Oct. 7, 14, 21

 9:30 – 11:15 a.m. **EST** | **\$35** |  **CPB 214**

Jimmy Buffet, in his song "Margaritaville," told us we all have to eventually admit that our problems are largely our "own damn fault."

This course will use that sentiment to review the current state of governance in America and discuss avenues to improve the political future of the nation. **CATEGORY:** POLITICAL SCIENCE & CURRENT EVENTS



DIGITAL PHOTOGRAPHY FOR EVERYONE

6 sessions with **BOB O'LARY**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 9:30 – 11:15 a.m. **EST** | **\$65** |  **CPB 263**

We will explore the fundamentals of the photographic process and master basic digital camera operation (including cell phone cameras). We will have digital image critiques from images classmates produce and bring to class, and from the photo safaris we take during class time.

CATEGORY: TECHNOLOGY & PRACTICAL SKILLS

SCHOLARSHIPS ARE AVAILABLE



A limited number of OLLI class scholarships are available through a simple and confidential application.



Email dhorman@fsu.edu for more information

EXPERIENCE FLORIDA HISTORY THROUGH TALLAHASSEE'S HISTORIC SITES

6 sessions with **JOHN GRANDAGE**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 9:30 – 11:15 a.m. **EST** | **\$65** |  **MISSION SAN LUIS, UNION BANK, THE GROVE MUSEUM**

Explore Florida history through visits to state-managed historic sites in Tallahassee and the surrounding area. Combining guided tours and lectures, this course offers an overview from pre-contact to post-World War II.

CATEGORY: HISTORY & SOCIAL SCIENCE

SHORT FILMS: ANALYSIS AND PRODUCTION

3 sessions with **REBECCA PETERS**

 **WEDNESDAY** Oct. 28, Nov. 4, 18

 9:30 – 11:15 a.m. **EST**

\$35 |   **CPB 116**

Explore the art and craft of filmmaking, from concept to production and distribution. Using this foundation, the course analyzes award-winning short films—documentary, fiction, and animated—focusing on their themes, techniques, and storytelling.

CATEGORY: FILM & LITERATURE

MEDIEVAL ROMAN EMPIRE

6 sessions with **MATTHEW LUPU**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 9:30 – 11:15 a.m. **EST** | **\$65** |  **WO**

Examine the continued story of the Roman Empire in its eastern form, which endured for another thousand years. This course examines the Byzantine Empire through its rulers and key events, including the rise of Islam and the Crusades.

CATEGORY: HISTORY & SOCIAL SCIENCE



PIANO FOR PLEASURE: GROUP LESSONS FOR LIFELONG LEARNERS

6 sessions with **KREN FERNANDES**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 12 – 1:45 p.m. **EST**

\$125 |  **RBB B117** | **MAX 8**

Designed for beginners with little or no piano experience, this course introduces basic note-reading, chords, and simple repertoire in a supportive group setting. Students will also participate in duets and ensemble playing. Instruction is held in an FSU piano lab; practice outside of class is encouraged.

CATEGORY: ARTS & MUSIC

INTRO TO JAPANESE LANGUAGE AND CULTURE

6 sessions with **TAZUMI OTSUKA SCEARCE**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 12 – 1:45 p.m. **EST** **\$65** |  **CPB 263**

This course introduces novice learners to the fundamentals of Japanese language and culture. Students build basic vocabulary, pronunciation, and grammar using Roman characters, supported by conversational practice. The course also highlights Japanese culture, history, and destinations.

CATEGORY: LANGUAGE & CULTURE



HISTORY OF LEON COUNTY: PART III

6 sessions with **DAVID PROCTOR**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 12:00 – 1:45 p.m. **EST** | **\$65** |   **CPB 116**

This course will cover the significant political, military, social, economic, and cultural developments in postwar Leon County. We will examine how global, national, and state history connects with and influences Leon County. Granular stories and major events will be described to illustrate those connections.

CATEGORY: HISTORY & SOCIAL SCIENCE

INTERMEDIATE FRENCH CONVERSATION

6 sessions with **MAGGIE MCCOLLEY**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 12:00 – 1:45 p.m. **EST** | **\$65** |  **CPB 214**

Classes begin with a guided dialogue that expands into spontaneous conversation. Early focus is on pronunciation and language questions, followed by more natural practice. Each session includes individual pronunciation coaching, plus French food, beverage tastings, and music. **CATEGORY:** LANGUAGE & CULTURE

QI GONG FOR WELL-BEING

6 sessions with **BETTINA STEINBOCK**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 1:30 – 3:15 p.m. **EST** | **\$65** |  **ASL**

Discover two classical Qi Gong practices that build strength, balance, and calm focus. Gentle, low-impact movements enhance circulation, flexibility, and coordination while promoting joint health and stress resilience. No experience necessary. **CATEGORY:** WELLNESS & FITNESS

ARCHITECTURE IN THE USA

6 sessions with **ARLEEN PABON**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 2 – 3:45 p.m. **EST** | **\$65** |  **WO**

A broad overview of architecture in the United States from prehistory to the present day, with emphasis on the country's contributions to architectural principles and design.

CATEGORY: ARTS & MUSIC

BETTER LIVING THROUGH AI TOOLS

6 sessions with **RANDI ATWOOD**

 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

 2:15 – 4 p.m. **EST** | **\$65** |   **CPB 116**

This class takes the mystery out of AI and shows how ChatGPT can simplify everyday life. Learn practical ways to use free tools for emails, forms and bills, planning projects, and organizing travel, hobbies, and entertainment. No experience or paid accounts needed.

CATEGORY: TECHNOLOGY & PRACTICAL TOOLS

ESPAÑOL 2.5: ¡ARRIBA Y ARRIBA!

6 sessions with **LAURA GONZALEZ MORRIS**

📅 **WEDNESDAY** Oct. 7, 14, 21, 28, Nov. 4, 18

🕒 2:15 – 4 p.m. **EST** | **\$65** | 📍 **CPB 214**

Designed for students with a fair knowledge of Spanish, this course strengthens grammar and especially conversational skills through interactive reading, writing, and translation. Students build confidence in speaking and are encouraged to participate fully.

CATEGORY: LANGUAGE & CULTURES

GENTLE GIANTS AND TURTLES OF THE SEA

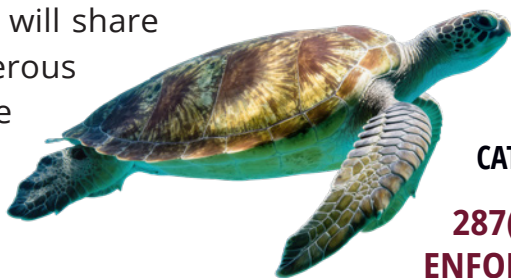
3 sessions with **BECCA NISHIDA**

📅 **WEDNESDAY** Oct. 7, 14, 21

🕒 2:15 – 4 p.m. **EST** | **\$35** | 📍 **CPB 263**

During this three-part course, we will cover the behavior, ecology, conservation, and management of the manatees and sea turtles that are found in Florida's waterways, coastal areas, and beaches. We will share how FWC and our numerous partners help conserve these iconic, imperiled species.

CATEGORY: SCIENCE, NATURE, & DISCOVERY



THE SECRET LIVES OF STARS - PART I

3 sessions with **SAVANNAH CALDWELL**

📅 **WEDNESDAY** Oct. 21, 28, Nov. 4

🕒 2:30 – 4:15 p.m. **EST** | **\$35** | 📍 **CLC**

Students explore how stars form, evolve, and end their life cycles as white dwarfs, neutron stars, or black holes. The course examines stellar color, temperature, size, and energy, and how these features shape the universe. A blend of astronomy, physics, and cosmic storytelling.

CATEGORY: SCIENCE, NATURE, & DISCOVERY

THURSDAYS

A HISTORY OF SCIENCE - PART II

6 sessions with **DARRYL MYERS**

📅 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

🕒 9:30 – 11:15 a.m. **EST** | **\$65** | 📍 **WO**

Stories, personalities, and discoveries in the development of modern science over the last several centuries.

CATEGORY: HISTORY & SOCIAL SCIENCE

GREAT DECISIONS 2026: FALL FORUM

3 sessions with **MARK SCHLAKMAN**

📅 **THURSDAY** Oct. 8, 15, 22

🕒 9:30 – 11:15 a.m. **EST** | **\$35** | 📍 **CPB 116**

This three-week mini-course focuses on discussion-based learning across two topics selected by the Foreign Policy Association: U.S. engagement with Africa and the future of human rights and international law in a divided world. An open forum will also be included to address emerging issues.

CATEGORY: POLITICAL SCIENCE & CURRENT EVENTS

287(G) AND IMMIGRATION ENFORCEMENT IN FLORIDA: WHAT IT MEANS AND WHAT IT DOESN'T

3 sessions with **MARK SCHLAKMAN**

📅 **THURSDAY** Oct. 29, Nov. 5, 12

🕒 9:30 – 11:15 a.m. **EST** | **\$35** | 📍 **CPB 116**

Explore the federal 287(g) program and its role in state and local immigration enforcement. Examine current policies, Florida's immigration initiatives, including "Alligator Alcatraz," and the legal, policy, and public safety issues surrounding them. Consider multiple perspectives on law, governance, and public policy.

CATEGORY: POLITICAL SCIENCE & CURRENT EVENTS

HEALTHY AGING THROUGH SCIENCE-BASED FITNESS

6 sessions with **PATRICK M. KELLY**

 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

 9:30 – 11:15 a.m. **EST**

\$65 |  **CPB 214**

This course focuses on science-based fitness, nutrition, and wellness strategies for adults. Lectures emphasize safe exercise techniques that reduce injury risk while improving strength and overall health. Topics also include diet, sleep, and supplements, with handouts linking to research-based articles and exercise videos focused on safety and longevity.

CATEGORY: WELLNESS & FITNESS

FRENCH IMPRESSIONISM IN ART AND MUSIC

1 session with **RICHARD BOBO**

 **THURSDAY** Nov. 5 |  10 – 11:45 a.m. **EST**

\$15 (FREE TO RESIDENTS) |  **RHT** | **MAX 15**

Explore French art and music from 1890–1925, focusing on the connections between composers Debussy and Ravel and painters such as Monet, Cézanne, Turner, and Hokusai. The course highlights this period's shift toward subtle suggestion in artistic expression.

CATEGORY: ARTS & MUSIC

ITALIAN FOR TRAVELERS

6 sessions with **AUSTIN WILKES**

 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

 12 – 1:45 p.m. **EST** | **\$65** |  **CPB 214**

Italian for Travelers introduces basic Italian through culture and an imagined journey to Italian cities. Students build conversational skills and practical communication strategies with minimal grammar, supported by home

ciao!

study materials. Returning students can review and expand their skills.

CATEGORY: LANGUAGE & CULTURE

THE MARVELOUS INSECTS

6 sessions with **WALTER TSCHINKEL**

 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

 12 – 1:45 p.m. **EST** | **\$65** |  **CPB 116**

This course explores insects, their structure and function, evolution, and remarkable diversity. Students examine insect life cycles, adaptations, and habitats, as well as how insects carry out essential life processes. Emphasis is placed on familiar local species and their environments, with an optional field trip.

CATEGORY: SCIENCE, NATURE, & DISCOVERY

SPANISH FLORIDA CROWNS A KING

6 sessions with **BEN GUNTER**

 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

 12 – 1:45 p.m. **EST** | **\$65** |  **CPB 263**

Travel 237 years into the past to explore a remarkable celebration in Spanish Florida during the coronation of Carlos IV. Students examine royal ceremonies, music, dances, coins, and performances, uncovering the cultural significance of this historic event.

CATEGORY: HISTORY & SOCIAL SCIENCE

INTRODUCTORY TAI CHI

6 sessions with **RICHARD VERNON**

 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

 12:15 – 2 p.m. **EST** | **\$65** |  **CPB MUSEUM**

This course explores the benefits of Taoist Tai Chi based on the set developed by Master Moy Lin-Shin. Students practice and learn movements each week while experiencing the physical, mental, and spiritual benefits of the art. Emphasis is placed on relaxation, mindfulness, and cultivating peace and calm.

CATEGORY: WELLNESS & FITNESS



THE ART OF FLORAL DESIGN

1 sessions with **CATHERINE SHOCK**

 **THURSDAY** Nov. 19

 10:30 a.m. – 1:30 p.m. **EST** | **MIN 6 MAX 10**

\$65 |  **THE HIGHLAND GARDENER**

More than simply arranging blooms, this workshop introduces you to the principles behind thoughtful floral composition. You'll learn how professional designers transform flowers into works of art by combining color, texture, movement, and balance. Explore the essentials of floral design and bring home your creation! **CATEGORY: ART & MUSIC**



PIANO FOR PLEASURE: GROUP LESSONS FOR LIFELONG LEARNERS

6 sessions with **GABRIEL SILVA**

 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

 2:15 – 4 p.m. **EST** | **\$125** |  **RBB** | **MAX 8**

Designed for beginners with little or no piano experience, this course introduces basic note-reading, chords, and simple repertoire in a supportive group setting. Students will also participate in duets and ensemble playing. Instruction is held in an FSU piano lab; practice outside of class is encouraged.

CATEGORY: ARTS & MUSIC

JOURNEY THROUGH FLORIDA'S BIG BEND

1 session with **DOUG ALDERSON**

 **THURSDAY** Nov. 5 |  2:15 – 4 p.m. **EST**

\$15 |   **CPB 116**

This talk explores the Big Bend region through photos and descriptions, highlighting ways to experience it by foot, bike, and kayak. It also offers an armchair journey through remaining wilderness, where native wildlife still roams and visitors briefly experience its unspoiled landscapes and waterways.

CATEGORY: SCIENCE, NATURE, & DISCOVERY

HEALTHY AGING: GOLDEN YEARS OPTIMIZED

3 sessions with **DR. CYNEETHA STRONG**

 **THURSDAY** Oct. 8, 15, 22

 2 – 3:45 p.m. **EST** | **\$35** |   **WO**

This course continues the Spring semester series with new topics from faculty at the FSU College of Medicine. Topics may include medication management, approaches to improving health, dementia and depression, and lifestyle medicine for older adults. Specific topics will depend on faculty availability. **CATEGORY: WELLNESS & FITNESS**

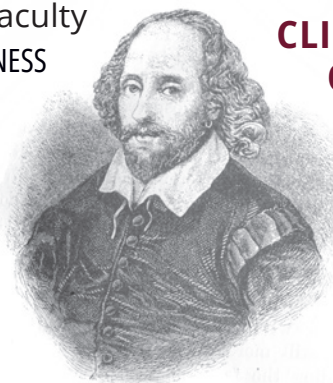
SPEAKING SHAKESPEARE: VOICE, VERSE, AND THE WORLD OF THE BARD

3 sessions with **JAMES BOND**

 **THURSDAY** Oct. 29, Nov. 5, 12

 2 – 3:45 p.m. **EST** | **\$35** |  **WO**

Step into Shakespeare's world and have some fun. This lively course blends discussion and hands-on work with the text, exploring language, history, and the playful spirit of the Bard. With a focus on *The Merry Wives of Windsor*, participants will explore wordplay, humor, and verse through low-pressure voice exercises. No acting experience required. **CATEGORY: FILM & LITERATURE**



CLIMATE CHANGE - FOUR BASIC QUESTIONS AND THE CURRENT DEBATE

1 session with **PATRICK LOVE**

 **THURSDAY** Nov. 12

 2:15 – 4 p.m. **EST**

\$15 |   **CPB 116**

Explore the four key questions at the center of the climate change debate: Is the Earth warming? Why? What are the risks? And what can be done at what cost? This course examines the science, economics, and perspectives of various stakeholders.

CATEGORY: SCIENCE, NATURE, & DISCOVERY

DIVING INTO 'THE ATLANTIC'

6 sessions with **DENNIS MOORE**

 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

 2:15 – 4 p.m. **EST** | **\$65** |  **CPB 263**

These in-person discussions draw on *The Atlantic*, a respected magazine founded before the Civil War. Under editor Jeffrey Goldberg, it features award-winning journalism and commentary from noted writers and regular contributors seen on PBS's *Washington Week* with *The Atlantic*.

CATEGORY: FILM & LITERATURE

EVOLUTION AND HUMAN SEXUALITY - PART II

3 sessions with **GEOFF THOMAS**

 **THURSDAY** Oct. 8, 15, 22

 2:15 – 4 p.m. **EST** | **\$35** |  **CPB 116**

This course continues an examination of human sexuality from evolutionary and cultural perspectives, using sexual selection theory as a guiding framework. Topics include attractiveness, sexual orientation, parental investment, and the science of sex. Online research survey results will also be discussed.

CATEGORY: HISTORY & SOCIAL SCIENCE

THE POWER OF THE WORD

6 sessions with **RABBI PAUL SIDLOFSKY**

 **THURSDAY** Oct. 8, 15, 22, 29, Nov. 5, 12

 2:30 – 4:15 p.m. **EST** | **\$65** |  **TPI**

What's in a name? We will explore the importance of names in Jewish tradition from biblical times until today, including the name of God and even our own names. We will then delve into the power of words and language, in Jewish teaching, to both create and destroy. We will also examine the role of silence when words are limiting.

CATEGORY: LANGUAGE & CULTURE

FRIDAY & SATURDAY

ADVENTURES IN MARINE ECOLOGY

1 session (2 OFFERINGS) with **TODD H. BEVIS**

 **FRIDAY** Oct. 16 **OR** OCT. 23

 8:30 a.m. – 4:30 p.m. **EST** | **\$60** |  **CML**

Science Education for Adults—Citizens at The Sea (SEA CATS) is a hands-on program at the Florida State University Coastal and Marine Laboratory invites participants to experience real marine science. Students explore nearshore seagrass



beds by boat, sampling marine life and engaging in fieldwork, then continue discoveries in the lab. The course highlights how scientists study ecosystems while exploring key concepts like biodiversity, interdependence, and ecosystem health.

CATEGORY: SCIENCE, NATURE, & DISCOVERY

BACKYARD BIRDING AND BEYOND

3 sessions with **SUNNY PHILLIPS**

 **SATURDAY** Oct. 24, 31, Nov. 7

 9 a.m. – 3 p.m. **EST** | **\$145**

 **TALL TIMBERS, LAKE ELBERTA AND WESTMINSTER OAKS, AND ST. MARKS NATIONAL WILDLIFE REFUGE**

This course provides the tools and knowledge to enjoy bird watching at any level. Topics include attracting birds to your backyard, identifying species using basic and advanced observation skills, and using helpful tools such as apps, guides, and equipment. Students will also explore birding hotspots in the Tallahassee area and beyond.

CATEGORY: SCIENCE, NATURE, & DISCOVERY



PC30A SCHEDULE

All **PC30A** classes are hosted by Florida State University's PC30A campus to benefit residents of Bay County and the surrounding Florida Panhandle. In addition to Zoom offerings seen on page 15, residents may enjoy select in-person classes and activities listed below.

Non-member rates available at an additional cost. All class times are listed in **CENTRAL TIME**.

THE WILLIE SPEARS EXPERIENCE

 **THURSDAY**, Sept. 10

 5:30 p.m. **CST** |  **PC30A**

Special presentation from Willie Spears, motivational speaker and author of the new book, "We Should Fail More."

REGISTRATION KICKOFF!

 **FRIDAY**, Sept. 11 |  6 - 8 p.m. **CST** |  **OHI**

OLLI M.I.N.G.L.E.

 **FRIDAY**, Oct. 9, **THURSDAY**, Nov. 19

 5 - 7 p.m. **CST** |  **TBD** | **FREE**

LET'S DO LUNCH WITH KATHRYN J. HARDY

 **THURSDAY**, Oct. 15

 11:30 a.m. - 3:30 p.m. **CST** |  **PC30A** | **\$60**

Price includes lunch, mimosas & a signed copy of her book, "Johnny & Jazzbo."

PURPLE MARTIN SHORT COURSE

1 session with **DALE CRONWELL**

 **THURSDAY** Oct. 8 |  5:30 - 7 p.m. **CST**

\$15 MEMBER | **\$25 GUEST** |   **OHI**

Meet the Purple Martin, North America's largest swallow and a beloved, social bird now in decline. **CATEGORY:** SCIENCE, NATURE, & DISCOVERY

REVIEW OF TO KILL A MOCKINGBIRD

2 session with **LIZ WILSON**

 **TUESDAY** Oct. 13, 20 |  5 - 6:45 p.m. **CST**

\$25 MEMBER | **\$35 GUEST** |   **OHI**

Revisit Harper Lee's beloved classic and explore the timeless themes that continue to resonate today. Through guided discussion, participants will examine key characters, moral dilemmas, justice, prejudice, childhood, and the social dynamics of Maycomb. **CATEGORY:** FILM & LITERATURE

NATURE'S PALETTE: CREATING ART FROM NORTHWEST FLORIDA'S ORGANIC BEAUTY

1 session with **ANNE HEMPEL**

 **FRIDAY** Oct. 23 |  5 - 6:45 p.m. **CST**

\$35 MEMBER | **\$45 GUEST** |   **PC30A**

Take an intimate look into the evolution of a nature-inspired art practice and collection, *Fossilizing the Forest Floor*. **CATEGORY:** ARTS & MUSIC

PUBLIC ENEMIES: AMERICAN CRIMINALS IN THE 1930S

1 session with **JAY THOMAS**

 **WEDNESDAY** Nov. 4 |  5:30 - 7 p.m. **CST**

\$15 |   **OHI**

Explore how the turmoil of the late 1920s and early 1930s gave rise to infamous American criminals.

CATEGORY: HISTORY & SOCIAL SCIENCE

CPR / AED CERTIFICATION COURSE

1 session with **MIKE DAVIS**

 **WEDNESDAY** Oct. 14 |  5 - 7 p.m. **CST** | **\$85 MEMBER** | **\$95 GUEST** |  **PC30A** | **MIN 6**

Learn the lifesaving skills of CPR and AED use in this American Heart Association certified course. Gain the confidence to respond in an emergency with hands-on instruction and certification upon successful completion. **CATEGORY:** WELLNESS & FITNESS



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